

## Stefanie Moon, LPC, CMA, Recognized by America's Best in Medicine: A Holistic Approach to Mental Health and Wellness

Blending Clinical Expertise with Compassionate Care to Empower Individuals on Their Journey to Emotional Wellness



**Kettering, Ohio Feb 24, 2026 ([Issuewire.com](https://www.Issuewire.com))** - Stefanie Moon, a Licensed Professional Counselor (LPC) and Certified Medical Assistant (CMA), is proud to announce her commitment to providing comprehensive mental health services that prioritize empathy, integrity, and holistic care. With a Master of Science in Clinical Mental Health Counseling from Wright State University and an Associate of Applied Science in Medical Assisting Technology from Lincoln College of Technology, Stefanie is uniquely qualified to address the complexities of mental and physical well-being.

Stefanie's professional journey is marked by a diverse range of experiences across private practice, community mental health centers, universities, and healthcare settings. This extensive background allows her to specialize in trauma-informed therapy, anxiety and depression management, grief support, and assistance with life transitions. Her approach is centered around creating a safe and supportive environment where clients feel heard, respected, and empowered to achieve emotional wellness and personal growth.

"I enjoy providing care and support that helps my patients feel understood, empowered, and healthier—both mentally and physically," Stefanie states. This philosophy underscores her dedication to fostering a nurturing space for clients, guiding them through their challenges with confidence and hope.

Stefanie's success is deeply rooted in her faith and the values instilled in her by her parents. Beyond her clinical work, she has devoted over 14 years to service in her church, reflecting her commitment to community and the belief in the power of giving back. "My experiences in the church have taught me the importance of service and compassion, which I carry into my practice every day," she explains.

Her holistic approach integrates both mental and physical health, drawing on her background as a medical assistant to enhance the mind-body connection in her therapeutic process. This comprehensive perspective not only benefits her clients but also exemplifies her commitment to lifelong learning and advocacy in the field of mental health.

Stefanie's dedication to her profession and community has garnered recognition, including the prestigious Ohio Great Minds Fellowship from the Ohio Wellness Workforce, set to commence in April 2024. Additionally, she was awarded College to Careers Funding from Opportunities for Ohioans with Disabilities in August 2023. These honors reflect her commitment to advancing mental health services and her desire to contribute to the broader community.

As an active member of various professional associations, including the CHI SIGMG IOTA CMA LPC TMC Behavioral Health Services National Honors Society, Stefanie continues to stay at the forefront of mental health advocacy. She believes that collaboration and knowledge-sharing among professionals are essential to improving the lives of those they serve.

Outside her professional endeavors, Stefanie is passionate about maintaining a balanced lifestyle. She enjoys weightlifting and staying physically active, activities that help her cultivate resilience and well-being. This commitment to personal health not only enriches her life but also serves as a model for her clients, encouraging them to prioritize their own health and wellness.

Stefanie's dedication to volunteer work is evident in her past roles, including her time as a Volunteer Assistant Director and Teacher at the Impact Christian Center from October 2009 to April 2024. She remains committed to seeking new opportunities to positively impact the lives of those around her.

### **Learn more about Stefanie R. Moon:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/stefanie-moon>

### **America's Best in Medicine**

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