PushNcare Unveils Africa's First Nutritional Knowledge Graph; Codifying 60,000 Dishes to Solve $47B Clinical Data Gap

Google-Supported HealthTech pioneer launches 'Nutrition OS' to bridge the 6.1 million health worker shortage; Enforcing WHO 2026 Standards for 1.5 Billion People.

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pushncare.com/e

CEREMONIAL & RITUAL USES

Funerals   Weddings   Communal gatherings

TRADITIONAL MEDICINE USES

🌿 Fermented water used as mild probiotic for stomach upset

DIETARY TABOOS & RESTRICTIONS

⚠ Eating with the left hand is culturally disrespectful

⚕ Clinical Notes & Dietary Protocols

💊 High Glycemic Index makes it unsuitable for uncontrolled diabetics. The fermentation process produces lactic acid, which can be beneficial for gut health, but the high starch content requires strict portion control for weight management. Low in protein; must be paired with protein-rich soup.

💚 **HEALTH CONDITION IMPACT**

ⓧ **diabetes type2**   6.1%

GI 85 — Very high. Causes rapid blood sugar spikes. Avoid or strictly limit portion.

Dover, Delaware Feb 25, 2026 (Issuewire.com**)** - **PushNcare, Inc.**, a pioneer in sovereign digital health infrastructure, today announced the deployment of the world's first **Nutritional Knowledge Graph (NKG)** for Africa and the Global Diaspora. By performing "digital archaeology" to codify over **60,000 traditional dishes,** a dataset largely missing from global health databases, PushNcare is closing a $47 billion clinical data gap that has left 1.5 billion people "clinically invisible" for decades.

According to the World Health Organization (WHO), Africa faces a projected shortage of 6.1 million healthcare workers by 2030. In a region where the health worker density is as low as 1.55 per 1,000 people, PushNcare provides a **"Professional Exoskeleton"** for nutritionists and dieticians. The platform utilizes a **Human-in-the-Loop (HITL) AI architecture**, powered by **Gemini 3 Pro** and **Google Vertex AI**, to deliver real-time, hyper-localized safety audits grounded in the latest **January 2026 WHO Healthy Diet Standards**.

"April 11, 1976, changed how we think. Today, we change how we live," said **Gilbert Mbeh, Founder and CTO of PushNcare.** "We haven't just built an app; we have built the sovereign clinical infrastructure that explains our food through the lens of science. What you eat today will either eat you or make you tomorrow, we are here to ensure it makes you."
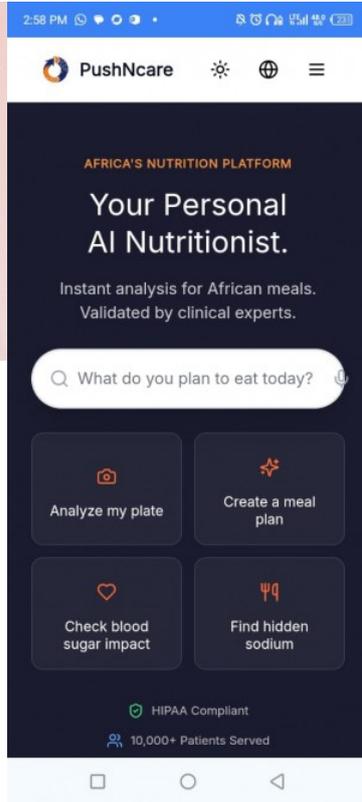
Traction and Global Scaling
PushNcare's "Discovery Engine" is already processing over **50,000 weekly organic searches**. The company has mobilized a network of over **2,000 certified nutritionists** who keep 100% of their consultation fees while utilizing PushNcare's proprietary data to manage chronic diseases like Diabetes and Hypertension across 54 African states and hubs like London, Paris, and NYC.

Built as a specialized clinical alternative to general-purpose AI, the **PushNcare Knowledge Base (KB)** is now the trusted engine for dietitians across 18 countries, including Nigeria, Ghana, Kenya, Cameroon, South Africa, and Uganda, as well as major Diaspora hubs throughout Europe and North America. Our proprietary data architecture delivers a level of hyper-localized clinical precision that consistently **outperforms generic LLMs**, establishing PushNcare as the definitive 'Truth-Layer' for African nutritional science globally. PushNcare is now establishing its Global Headquarters in **Ireland** to scale its infrastructure to a projected 10 million monthly queries by year-end.

For more information or to access the free search engine, visit www.pushncare.com.

About PushNcare, Inc.
PushNcare, Inc. is a Delaware-incorporated Digital Health Infrastructure company. By combining Africa's largest proprietary nutritional database with advanced AI orchestration, PushNcare provides clinical decision support systems that empower practitioners and protect patients. Apply to join our elite practitioner network here.

Media Contact

PushNcare

*********@pushncare.com

8328570043

1111B S Governors Ave STE 27833 Dover, DE, 19904 US

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