

Passionpreneur Publishing announces the global release of Cold Burn (Arabic Edition)

The inspiring book (Arabic Edition) by Dr. Khulod Almijlad is now available via major players in the global book distribution field



Dubai, United Arab Emirates Feb 15, 2026 ([IssueWire.com](https://www.issuewire.com)) - Passionpreneur Publishing has announced the release of *Cold Burn: A Revolutionary Path To Fitness (Arabic Edition)* by Dr. Khulod Almijlad via the publishing industry's largest global book distribution networks. The book is anticipated to have an inspiring and profound effect on its target audience.

In this must-read book, Dr. Khulod Almijlad introduces a revolutionary method that blends cold resistance with advanced neuromuscular control to enhance metabolism and achieve intelligent body sculpting.

This book reveals the scientific foundations behind cold burn training and explains how the method elevates metabolism, activates deep muscle fibers, improves body tone, and enhances overall health without exhaustion or restrictive dieting. It integrates principles of physical therapy, clinical nutrition, and the philosophy of controlled time-under-tension.

Designed as a practical and scientific guide, it empowers readers to achieve real, structured sculpting—without injuries, without deprivation, and with fast, measurable, and proven results that support sustainable body transformation.

This book is your path to intelligent, sustainable body sculpting—powered by cold, precision, and modern human performance.

The book is now available to inspire readers across the globe through the IngramSpark distribution network and other affiliates which will cover print-on-demand across the UK, Europe, USA, Australia, New Zealand and the Middle East. The e-book is available in 25+ online bookstores like Amazon, Kindle, Barnes & Noble and Apple Books in the Middle East.

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About The Author:

Dr. Khulod Almijlad, Ph.D., is the inventor of ThermoZero™ – The Cold Burn System, a revolutionary method that blends cold resistance with advanced neuromuscular control to enhance metabolism and achieve intelligent body sculpting.

She is a leading expert in physical therapy, clinical nutrition, and therapeutic sculpting, renowned for developing systems that deliver fast, visible, and injury-free results.

As the CEO of Peach Sports Center, she has guided thousands through transformative programs that integrate science, rehabilitation, and high-performance training. Her work bridges research and real-world practice, positioning her as a powerful voice in modern fitness innovation and therapeutic metabolic activation.

Connect with Dr. Khulod Almijlad on social media and follow the Cold Burn journey.

About Passionpreneur Publishing:

An indie publisher, [Passionpreneur Publishing](#), successfully helps entrepreneurs and professional experts become International Authors in as little as 90 days.

[Passionpreneur Publishing](#) specialises in transformational books, including business, self-help, personal growth and spiritual titles, in order to help authors share their messages and gain credibility in their chosen fields.

[Passionpreneur Publishing](#) boasts an all-star board of advisors from across the globe covering a wide spectrum of expertise around the books, publishing and media industry to ensure the application of

global best-practice in every service offered and providing a worldwide network of some of the world's top thought leaders.



Media Contact

Passionpreneur Publishing

*****@moustafa.com

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