

New Picture Book **ENOUGH TO SHARE** Explores Conservation Through the Powerful Story of Spirit Bear & Sea Wolf

Launches May 2026



Los Angeles, California Apr 7, 2026 ([IssueWire.com](http://www.IssueWire.com)) - Picture Book **ENOUGH TO SHARE** Explores Conservation

Through the Powerful Story of Spirit Bear and Sea Wolf

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What happens to a swimming wolf and a ghostly bear when there is less and less to share?

In *Enough to Share*, debut author Mary Helen Berg introduces young readers to two rare and remarkable animals — the Spirit Bear and the Sea Wolf — who have lived for thousands of years amid the misty forests and rocky shores of the Great Bear Rainforest. But as climate change and dwindling resources threaten their fragile ecosystem, they must compete for food, space, and clean water — putting their survival at risk.

Blending lyrical storytelling with accessible nonfiction facts on every page, *Enough to Share* offers children a gentle yet powerful message: our world is a gift that we must protect and share. Additional backmatter provides deeper insight into these unique animals and offers simple, practical suggestions for how young readers can help care for the planet.

Written by Mary Helen Berg (US) and illustrated by Sue Todd (Canada), the book combines evocative language with vibrant artwork to inspire empathy, curiosity, and environmental stewardship in children.

“Ultimately, the story is about sharing and protecting our world, and sharing and fairness are something children innately understand,” Berg said.

Perfect for nature and eco education, classrooms, libraries, and families, *Enough to Share* supports conversations about climate change, conservation, and sharing limited resources in an age-appropriate way. Each purchase supports reforestation efforts.

Book Details:

Title: *Enough to Share*

Author: Mary Helen Berg

Illustrator: Sue Todd

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Available: [University of Toronto Press](#), [Barnes & Noble](#) [Amazon Bookshop](#)

About the Author Mary Helen Berg writes fiction and nonfiction picture books that honor big feelings and inspire young readers to explore and protect our big, beautiful world. A former journalist, she holds degrees from the University of Michigan and Columbia University.

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