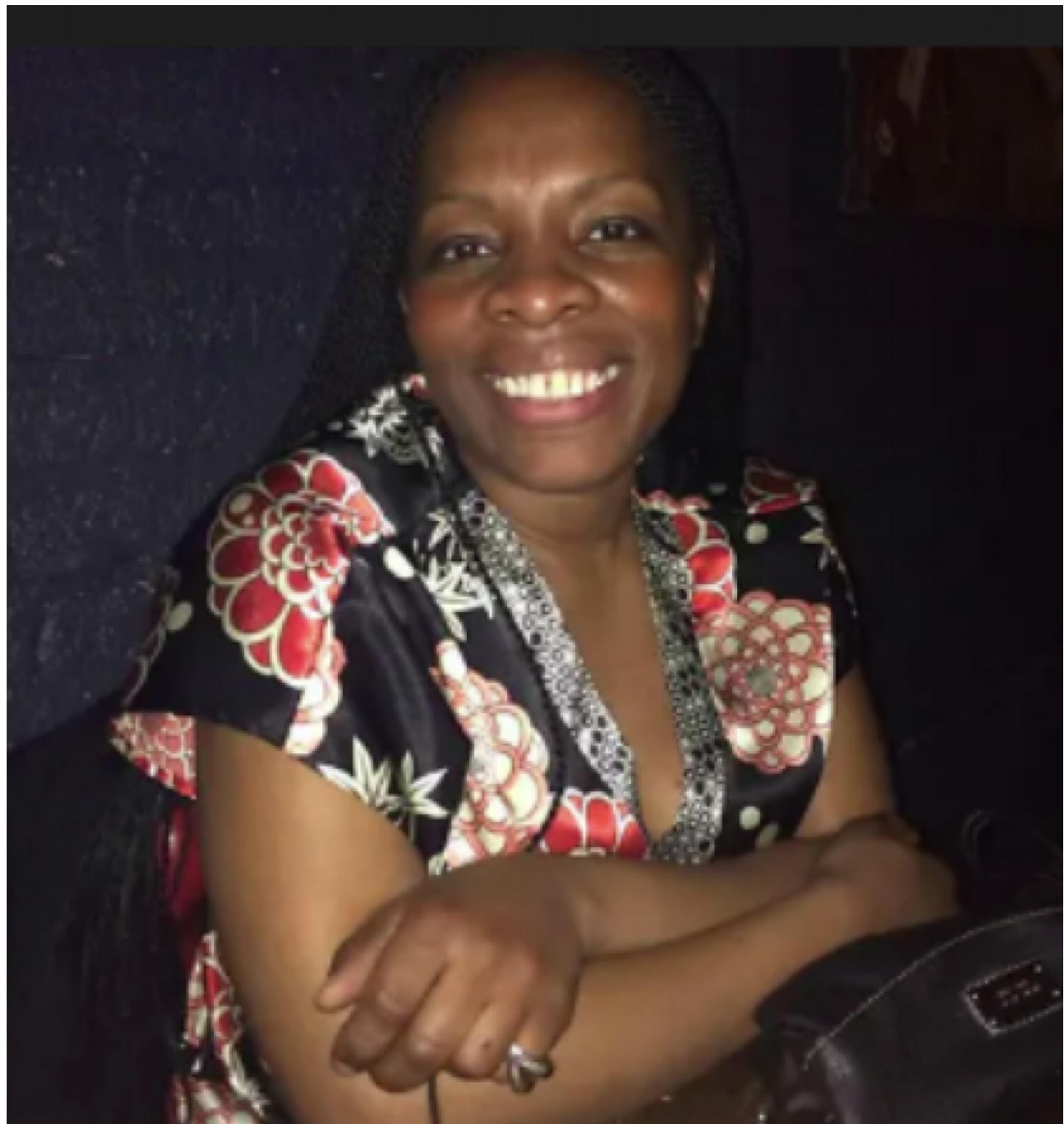


Julie Agbasi Recognized by America's Best in Medicine as a Dedicated Physical Therapist Empowering Patients in Arlington

Experienced Clinician Combines Over a Decade of Expertise with Patient-Centered Care to Restore Function, Reduce Pain, and Improve Quality of Life



Arlington, Virginia Feb 17, 2026 (IssueWire.com) - Julie Agbasi is a highly skilled physical therapist with a strong background in adult and geriatric rehabilitation. Currently practicing at Mount Auburn Hospital, she provides comprehensive physical therapy services designed to restore function, reduce pain, and enhance the overall quality of life for her patients. Known for her patient-centered approach and clinical precision, Julie tailors individualized care plans that address each patient's unique needs, helping them regain independence and achieve meaningful recovery outcomes.

Julie holds a Bachelor's Degree from Rensselaer Polytechnic Institute and a Master's Degree from George Washington University, providing a solid academic foundation for her clinical expertise. Her career spans multiple respected healthcare institutions, where she has made a significant impact on patient care. At Boston Medical Center, she served as a contract physical therapist, delivering rehabilitative care to adult and geriatric patients during critical recovery phases. Julie also spent five years at Adventist HealthCare White Oak Medical Center, educating patients, families, and staff on essential safety measures, including sternal precautions and weight-bearing guidelines. Her dedication to safety, clear communication, and excellence has earned her recognition as a trusted professional across multidisciplinary teams.

Julie is an active member of the American Physical Therapy Association and the Society for Critical Care Medicine, reflecting her commitment to continued professional growth and evidence-based practice. With over a decade of hands-on clinical experience, she combines advanced knowledge with compassionate care, empowering patients to recover, rebuild strength, and return to their daily activities with confidence.

"I enjoy helping my patients regain their independence," Julie says. "Supporting them as they recover, build strength, and return to their daily lives is the most fulfilling part of my work." Her approach underscores the importance of individualized care, patient education, and collaboration, making her a respected and valued member of the healthcare community.

Julie Agbasi's career exemplifies dedication, skill, and compassion in physical therapy, highlighting her commitment to improving patient outcomes and enhancing the lives of adult and geriatric populations through evidence-based rehabilitation.

Learn more about Julie Agbasi:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/julie-agbasi>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

Source : Julie Agbasi

[See on IssueWire](#)