

Jessica Kotlyarov, MD, Recognized by America's Best in Medicine as a Beacon of Compassionate Care in Internal Medicine

Boca Raton Physician Combines Clinical Expertise with a Deep Commitment to Patient-Centered Health Outcomes



Boca Raton, Florida Feb 20, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Jessica Kotlyarov, MD, is a dedicated Internal Medicine physician affiliated with Baptist Health, recognized for her commitment to providing comprehensive, patient-centered care. With a focus on improving health outcomes, Dr. Kotlyarov combines her extensive clinical expertise with a compassionate approach, ensuring that every patient receives individualized guidance and treatment tailored to their specific needs.

Dr. Kotlyarov began her educational journey with a Degree in Behavioral Neuroscience from Northeastern University in Boston. She graduated with honors from the American University of Antigua College of Medicine, where she made significant contributions as a Teaching Assistant in Biochemistry and Genetics. Following a general surgery internship, Dr. Kotlyarov pursued her post-graduate training in Internal Medicine at Yale New Haven Health's Bridgeport Hospital, where she became the first resident to receive the prestigious Platinum Quality Award for exceptional patient care.

Throughout her career, Dr. Kotlyarov has demonstrated resilience and leadership, particularly during her tenure as a Hospitalist at North Mississippi Medical Center—the largest non-metropolitan hospital in the United States. She played a pivotal role in the hospital's response to the COVID-19 pandemic, admitting the first patient in March 2020 and leading the 28-bed COVID Critical Care Unit until March 2022. Her outstanding contributions to patient care during this challenging time earned her nominations for four Star of Excellence awards.

In addition to her internal medicine practice, Dr. Kotlyarov has completed certification courses in Advanced Aesthetics by the American Board of Aesthetic Medicine, expanding her ability to provide comprehensive care to her patients.

Dr. Kotlyarov is also dedicated to mission work, having completed a month-long surgical mission trip to Quito, Ecuador, with the American College of Surgeons' Operation Giving Back program, and a medical mission trip to Haiti with Yale New Haven Health colleagues and a local church group. Her research presentations at notable conferences, including the Connecticut Chapter of the American College of Surgeons and the New York State Thoracic Society meeting at Memorial Sloan Kettering, highlight her commitment to advancing medical knowledge.

Outside of her professional commitments, Dr. Kotlyarov prioritizes family and personal wellness, enjoying quality time with her family and two dogs, a Husky and a German Shepherd. Her unwavering dedication to clinical excellence, leadership in healthcare, and commitment to community service establish her as a highly respected and accomplished physician in the field of internal medicine.

Learn more about Dr. Jessica Kotlyarov:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/providers/jessica-kotlyarov>

America's Best in Medicine

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