

## **Healthy Regards Psychiatry Announces Specialized Adult ADHD Treatment Services in McKinney, TX**

**Board-Certified Practitioner Domikah Olateru-Olagbegi Expands Access to Comprehensive Mental Health Care for North Texas Adults**



**McKinney, Texas Mar 1, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Healthy Regards Psychiatry**, a leading psychiatric practice in North Texas, is proud to announce the official launch of its specialized [Adult ADHD Treatment program](#). This new service offering is designed to provide residents of McKinney and the surrounding communities with evidence-based, personalized strategies for managing Attention-Deficit/Hyperactivity Disorder in adulthood.

As awareness of adult neurodiversity continues to rise, many individuals find themselves struggling with executive dysfunction, focus, and emotional regulation without a clear path forward. Healthy Regards Psychiatry bridges this gap by offering comprehensive evaluations and multimodal treatment plans that go beyond simple symptom management.

The practice is led by **Domikah Olateru-Olagbegi, APRN, PMHNP-BC**, a Board-Certified Psychiatric Mental Health Nurse Practitioner known for her empathetic and clinical excellence.

"Adult ADHD often goes undiagnosed or mismanaged, leading to unnecessary hurdles in professional and personal lives," says **Domikah Olateru-Olagbegi**. "At Healthy Regards Psychiatry, our goal is to empower patients with the tools and clinical support they need to turn their unique cognitive styles into strengths rather than obstacles."

Healthy Regards Psychiatry operates as a **non-exclusive provider**, ensuring patients have the flexibility and autonomy to integrate their ADHD care with other wellness and medical support systems. The practice's expansion into specialized adult ADHD care underscores its commitment to the evolving mental health needs of the McKinney community.

### **About Healthy Regards Psychiatry:**

Healthy Regards Psychiatry is a premier psychiatric practice located in McKinney, TX. Specializing in a wide range of mental health services, the practice is dedicated to providing compassionate, patient-centered care. Led by Domikah Olateru-Olagbegi, APRN, PMHNP-BC, the clinic focuses on holistic recovery and long-term mental wellness for adults across North Texas.

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