

Glyndora Condon Recognized By America's Best In Medicine For 30 Years Of Leadership In Mental Health Care Field Today

Seasoned Counselor, Clinical Supervisor, and Creative Professional Continues a Lifelong Mission of Healing, Education, and Service



Cleveland, Tennessee Feb 23, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Glyndora S. Condon, LPC, CTMH, CCTP, CEMDRIA, CISTI, CIMHP, CBS-M, CHP, CPT, ACS, is a highly accomplished Licensed Professional Counselor and Nationally Accredited Clinical Supervisor whose career spans more than 30 years across healthcare, mental health, business, and education. Known for her compassionate leadership and depth of expertise, Glyndora provides individual, family, couple, marriage, and parenting therapy while also training, supervising, and mentoring the next generation of mental health professionals.

Glyndora's therapeutic approach is rooted in empathy and strengthened by an extraordinary breadth of life experience. Her professional background includes nursing, geriatric care, foster parenting for individuals with special needs, and more than three decades of owning and managing rental and hotel businesses. These diverse roles have shaped her ability to meet clients where they are, particularly during periods of transition, trauma, and personal growth.

In addition to her clinical expertise, Glyndora brings a unique creative dimension to her work. A lifelong musician, vocalist, and composer of 37 original songs, as well as a playwright, she thoughtfully integrates the arts into therapy to enhance engagement, expression, and healing. Her resilience—honed through personal experiences with health challenges, divorce, foster parenting, infertility, loss, and blended family dynamics—deeply informs her compassionate and authentic counseling style.

Glyndora earned her Master of Science in Professional Counseling from Grand Canyon University in Phoenix, Arizona, graduating with highest honors. She holds a Bachelor of Arts in Social Sciences from the University of Tennessee at Chattanooga, where she graduated Magna Cum Laude, and an Associate of Science from Cleveland State Community College with Psi Chi honors. Her commitment to excellence is further reflected in more than 100 professional certifications covering trauma care, crisis intervention, play therapy, DBT, geriatric therapy, ethics, substance abuse prevention, and parenting.

Since founding Heal and Hope Counseling Services, LLC in 2016, Glyndora has delivered comprehensive counseling services using a wide range of evidence-based modalities, including CBT, REBT, EFT, mindfulness, EMDR, IFS, and sand tray play therapy. She also supervises counseling students and interns, ensures adherence to ethical and statutory standards, and collaborates with insurance agencies to provide holistic, accessible care. Her experience across both private practice and institutional settings allows her to develop highly individualized treatment plans for diverse populations.

When asked what she enjoys most about her work, Glyndora's answer is simple: helping others. "In every role I've held—from nursing and nutrition to counseling—my greatest joy has always been witnessing growth and healing."

Outside of her professional life, Glyndora is a devoted Christian, wife, and mother of five, including two daughters, two stepsons, and one adopted adult daughter. She is also a proud grandmother to 13 grandchildren. Her interests include horseback riding, motorbike riding, camping, dancing, swimming, music, and the arts.

Glyndora Condon's life and career exemplify a rare harmony of leadership, creativity, resilience, and service—making her a trusted counselor, mentor, and advocate for holistic mental health and personal development in the Cleveland community and beyond.

Learn more about Glyndora Condon:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/providers/glyndora-condon>, or through her

website, <https://www.healhopecounseling.com/>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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