

Elite Sports Addresses Sizing Issues with Pre-Shrunk BJJ Gis

Tired of BJJ gis that shrink after washing? Elite Sports pre-shrunk BJJ gis stay true to size, wash after wash. These IBJJF-approved gis are built for hard BJJ training.



----- Machine Washable

----- Pre-shrunk

Side Slits

PREMIUM PEARL WEAVE FABRIC
Highest Quality Premium Cotton Blend

Los Angeles, California Feb 27, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Every BJJ athlete knows the feeling. A brand-new gi fits perfectly on day one, then comes out of the wash two sizes smaller. It is one of the most common complaints in the sport, and Elite Sports has successfully addressed the issue.

Elite Sports, a trusted name in martial arts gear, has reinforced its line of [BJJ gis with a pre-shrunk fabric](#) process that keeps sizing true, wash after wash. For athletes training five or six days a week, that kind of build quality is not to be taken lightly.

Built for the Mat, Not Just the Store Shelf

The pre-shrunk Brazilian jiu-jitsu gis from Elite Sports are crafted from a durable, lightweight fabric that holds its shape through hard training sessions and repeated washes. The weave is tight enough to handle collar grips and guard passes, yet breathable enough for long rolls in warm gyms.

The gis are also IBJJF-approved, which matters to competitive athletes who train in the same kimono they plan to compete in. Knowing a gi will pass inspection on the day of competition, and still fit the same as it did in training, removes one real worry from fight week.

Elite Sports BJJ Gi Sizing That Actually Works

One of the clearest signs of a well-made kimono BJJ is how it fits after the first few washes. Brands that skip pre-shrinking leave athletes guessing, sizing up to account for shrinkage, or dealing with a gi that gets too short after a month of use.

Elite Sports took a different route. The pre-shrunk treatment means the men's, women's, and kids' gis in their lineup are sized to stay true from the start. Athletes can order with confidence rather than guess.

Accessible Pricing Without the Compromise

[Elite Sports has long been known for keeping pro-grade gear](#) within reach of everyday training budgets. The jiu-jitsu gis in the current lineup come with a free belt included, a practical touch that cuts out one more thing to shop for before stepping on the mat.

From the core black kimono favored by many academies to options designed for female athletes and younger grapplers, the range covers the full spectrum of the training community.

About Elite Sports

Elite Sports is a class-leading retailer of martial arts gear, offering a full range of BJJ gis, rash guards, shorts, and training apparel for all skill levels. The brand is built on the idea that high-quality jiu-jitsu gear should not require a premium price tag.

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