

Dr. Saleh Al Daghreer Expands Patient Education Initiatives to Support Long-Term Orthodontic Care in Edmonton

Edmonton, Alberta Feb 5, 2026 ([IssueWire.com](https://www.IssueWire.com)) - City Orthodontics, led by orthodontist Dr. Saleh Al Daghreer, announced expanded patient education efforts designed to improve understanding of long-term orthodontic treatment and support informed decision-making for patients across Edmonton.

Dr. Al Daghreer, whose professional background and clinical profile are documented on established healthcare platforms such as [Doctor in Pocket](#), has emphasized that clear communication is essential in long-term orthodontic care, particularly in busy urban environments where patients balance treatment with work, school, and family responsibilities.

The initiative focuses on providing clearer explanations of treatment stages, timelines, and patient responsibilities throughout orthodontic care. The goal is to help patients better understand what to expect during treatment in a busy urban healthcare environment.

Orthodontic treatment often spans months or years. In city settings, patients balance treatment with work, school, and family schedules. City Orthodontics has stated that clearer education at each stage of care can help reduce confusion, improve engagement, and support better long-term outcomes.

As part of this effort, the clinic has reviewed how treatment information is shared during consultations, follow-up visits, and post-treatment planning. Educational materials have been refined to focus on plain language explanations and consistent messaging across the treatment timeline.

Healthcare education resources often note that patient understanding plays a key role in treatment adherence. City Orthodontics has aligned its approach with these principles to support clearer communication and patient confidence throughout orthodontic care.

In addition to in-clinic education, Dr. Saleh Al Daghreer maintains a professional presence on platforms such as [LinkedIn](#), where he engages with healthcare professionals and shares insights related to orthodontic care, patient communication, and practice standards. The clinic also uses community-facing channels, including its official [Facebook](#) page, to support patient awareness and ongoing communication outside scheduled appointments.

Dr. Saleh Al Daghreer said,

“Orthodontic care works best when patients understand the process from start to finish. Education is not a one-time conversation. It needs to be clear, consistent, and repeated throughout treatment so patients feel informed and supported.”

City Orthodontics continues to provide orthodontic care within provincial regulatory frameworks and emphasizes patient communication as a core part of its practice. The clinic has stated that its education-focused approach reflects the needs of an urban population and the realities of long-term orthodontic care.

About City Orthodontics

City Orthodontics is an orthodontic practice based in Edmonton, Alberta, providing orthodontic care to

children, adolescents, and adults. Led by Dr. Saleh Al Daghreer, the clinic focuses on patient education, structured treatment planning, and long-term oral health outcomes within a regulated healthcare environment.

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