

# Christopher DeLange, MD, Recognized by America's Best in Medicine as a Distinguished Internist at Tennova Primary Care

Elevating Primary Care with a Focus on Preventive Health and Patient Empowerment



**Knoxville, Tennessee Feb 11, 2026** ([IssueWire.com](http://IssueWire.com)) - Tennova Primary Care – Farragut is proud to announce that Christopher DeLange, MD, a dedicated internal medicine physician, is making significant

strides in the field of primary care in Knoxville, Tennessee. With a special emphasis on preventive care and healthy aging, Dr. DeLange is committed to managing chronic conditions and promoting long-term wellness in his patients.

Dr. DeLange specializes in metabolic health, adeptly managing chronic conditions such as obesity, diabetes, high cholesterol (HDL), non-alcoholic fatty liver disease (NAFLD), and chronic fatigue syndrome. His patient-centered approach is driven by a passion for forming lasting relationships and guiding individuals through their health journeys. "Helping patients prevent disease, manage chronic conditions, and achieve their wellness goals is deeply rewarding," says Dr. DeLange.

His journey into medicine began in childhood, inspired by early experiences in the operating room while observing his father. This exposure ignited a lifelong passion for healing and patient-centered care. Dr. DeLange earned his Medical Degree from St. George's University School of Medicine in Grenada and completed his residency at Wellington Regional Medical Center in Florida. These formative experiences have shaped his thoughtful approach to primary care, which combines investigative rigor with a holistic focus on lifestyle, physiology, and long-term prevention.

As a forward-thinking physician, Dr. DeLange is dedicated to empowering his patients to take control of their health. His vision includes expanding his impact through mentorship, public speaking, and educational outreach, thereby contributing to the development of the next generation of clinicians.

In addition to his clinical practice, Dr. DeLange is keen on sharing his research and clinical insights with both patients and colleagues. Those interested in accessing his publications or resources are encouraged to reach out for further information.

As Dr. Christopher DeLange continues his journey with Tennova Primary Care – Farragut, he will undoubtedly enhance the health and well-being of the Farragut community through his expertise and commitment to preventive care.

### **Learn more about Dr. Christopher DeLange:**

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/christopher-delange> or through his profile on Tennova Medical Group, <https://www.tennovagreaterknoxvilledocs.com/doctors-providers/delange-christopher-md-10171>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

## Media Contact

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Source : Dr. Christopher DeLange

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