

Author Lottie Lindsey Releases Faith-Centered Children's Book Addressing Bullying and Emotional Healing



Marion, Illinois Feb 17, 2026 (IssueWire.com) - Author and speaker Lottie Lindsey has released *Hurt to Hope*, a compassionate children's book that confronts the reality of bullying while offering young readers a message of faith, empathy, and healing rooted in God's love. Drawing from real-life experiences and years of church speaking engagements, the book was written to help children—and the adults who guide them—understand pain, recognize worth, and choose kindness.

A Timely Response to a Painful Reality

Hurt to Hope was inspired by a recurring question Lindsey encountered while speaking in churches about spiritual healing and the wounded heart: Where is the children's book that addresses bullying with both honesty and faith? Unable to find one that reflected the message she felt called to share, Lindsey committed to writing it herself.

The book is made up of six short stories, each portraying a different bullying situation and offering a hopeful, constructive outcome. The stories are drawn from moments Lindsey has partially lived and experiences she has witnessed in others, carefully shaped to help children see that hurt does not have to define their future.

Encouraging Conversation, Not Silence

Designed to be read both independently and with an adult, *Hurt to Hope* includes discussion questions at the end of each chapter. These questions invite children to open their hearts and talk honestly about what they may be facing at school, at home, or in their social circles.

The final chapter shifts the focus to adults, using an interaction with a waitress to demonstrate how everyday attitudes—spoken or unspoken—can deeply affect others. The message is clear: our behavior can either uplift or wound, and children are always watching.

Throughout the book, Lindsey reinforces a central truth she shares in her speaking ministry: God doesn't make junk. Every person has value, even in pain, even in failure, and even when they are struggling to understand their own behavior.

Why It Matters

Bullying is not harmless, and its impact can be lifelong. Lindsey wrote *Hurt to Hope* with an awareness that many children suffer in silence, and that unchecked emotional abuse can lead to depression, substance abuse, or suicide. The book is dedicated to a young man who lost his life as a result of bullying—an experience that deeply shaped the author's resolve to speak out.

This book matters because it approaches bullying with compassion rather than condemnation. It seeks to comfort the child who is hurting, while also reaching the child whose own pain may be expressed through cruelty. It calls parents, educators, and caregivers to take bullying seriously and to create spaces where children feel safe to speak and be heard.

Above all, *Hurt to Hope* matters because it replaces shame with understanding and fear with faith—reminding children that they are loved, worthy, and never alone.

About the Author

Lottie Lindsey is a Christian author and speaker from southern Illinois who lives on a cattle farm with her husband, where they raise cattle and pygmy goats. She is a mother and grandmother whose faith in Jesus Christ has been central to her healing and purpose. Despite health limitations, Lindsey has found focus and meaning through writing, photography, and ministry. *Hurt to Hope* follows her first book, *Soaring Along with God's Love*, and continues her mission to help others find hope beyond pain.

Availability & Contact

Hurt to Hope is available now in digital and print editions through major online retailers, including Amazon.

For purchase, interviews, media inquiries, or speaking engagements, please visit:

[Website](#)

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