

## Author Karin M. Neal Shares a Heartfelt Journey of Faith, Redemption, and Renewal in *Reflections of the Soul*



**San Francisco, California Feb 19, 2026** ([IssueWire.com](http://IssueWire.com)) - In her deeply moving memoir, [\*Reflections of the Soul\*](#), author Karin M. Neal opens her heart to readers, sharing a raw and powerful story of pain, faith, and spiritual awakening. Through the shadows of addiction and abuse, Karin's journey reveals the

extraordinary strength of the human spirit and the boundless grace of God.

At the height of her struggles, Karin found herself trapped in the destructive cycle of alcoholism, abuse, and homelessness. With her children and her faith hanging in the balance, she faced the darkest corners of despair. Yet, amid the chaos, Karin discovered a flicker of hope, a divine light that would lead her toward redemption. Through the support of Alcoholics Anonymous, unyielding prayer, and the power of faith, she began to rebuild her life, one courageous step at a time.

Reflections of the Soul offers readers an unflinching look into Karin's transformation, from the pain of fleeing an abuser in the dead of night to the sacred moments of kneeling in prayer and feeling God's presence wash over her. Her story is not only one of survival but also of surrender, surrendering pain to purpose, addiction to awakening, and hopelessness to healing.

"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope."

— Romans 15:13 (ESV)

Karin M. Neal's inspiration for writing this book was born out of divine intervention. In 2011, in the stillness of early morning, she felt a spiritual calling to write, an unmistakable prompting from God that set her on a path to share her story with the world.

"It was not a what, but a who," Karin shares. "God told me to get up and write. I didn't know what I was meant to write about, but I trusted Him — and that trust became Reflections of the Soul."

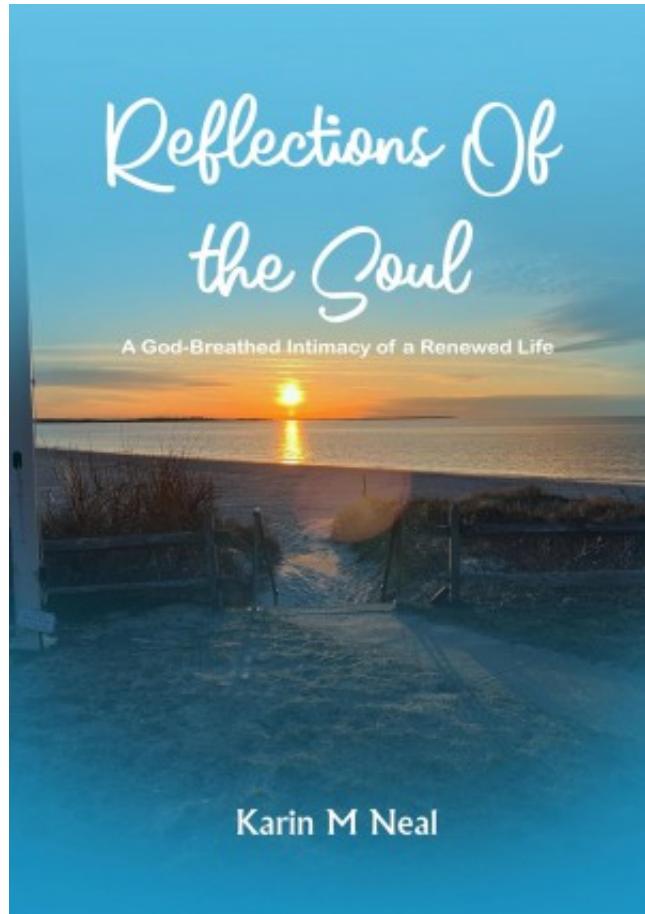
This book is a testimony to the power of faith to restore even the most broken lives. It invites readers to reflect on their own spiritual journeys and to believe in the possibility of redemption, no matter how dark life's moments may seem.

Karin is also the author of The Power of Love, another spiritually inspired work that continues her mission to share messages of divine guidance and healing.

For more about Karin M. Neal and her inspiring works, visit [www.karinmnealauthor.com](http://www.karinmnealauthor.com).

[Global Book Network - Karin M Neal, Author of REFLECTIONS OF THE SOUL](#)

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