

## **America's Best in Medicine Profiles Kiersten Baughman, Ph.D., Empowering Lives Through Social Psychology and Practice**

A Trailblazer in Social Psychology and Clinical Practice



Florence, Kentucky Feb 3, 2026 ([Issuewire.com](https://www.issuewire.com)) - Dr. Kiersten Baughman, a distinguished social

psychologist and licensed clinical intern, is making significant strides in the fields of higher education and clinical practice. With a robust academic background and extensive experience in mentoring, Dr. Baughman is dedicated to advancing psychological scholarship while supporting diverse populations in her clinical work.

Having served as an Associate Professor of Psychology at institutions such as Valley City State University and the University of the Cumberlands, Dr. Baughman has developed a reputation for excellence in teaching and research. Her expertise in statistics, SPSS, and public speaking, combined with her commitment to student affairs, has fostered an engaging learning environment for her students. As an Adjunct Professor at Mount Mary University, she continues to inspire future psychologists through her dedication to rigorous academic standards and hands-on mentorship.

In her current role as a Licensed Clinical Intern at Naya Clinics, Dr. Baughman applies her knowledge of social psychology and clinical assessment to empower individuals from varied backgrounds. Her integrated approach to therapy combines evidence-based practices with her understanding of human behavior, enabling clients to navigate their challenges effectively. “I enjoy seeing others thrive and value the role I serve in helping them live their best lives,” says Dr. Baughman, highlighting her passion for making a meaningful impact in her clients’ lives.

Dr. Baughman is also active in the academic community beyond the classroom. As a Gilman Selection Panelist and QM Quality Matters Peer Reviewer, she engages in professional development and upholds high educational standards. Her contributions to these initiatives demonstrate her commitment to enhancing the quality of education and promoting best practices in psychology.

Holding both a Ph.D. and M.S. in Psychology from the University of Oklahoma, Dr. Baughman emphasizes ethical practice and scholarly rigor in her work. She has a proven track record of fostering student success and advancing research initiatives, making her a respected leader in both academic and clinical settings. She is on track to graduate with her Master’s in Marriage and Family Therapy from Northwestern University this year.

As she continues to blend her expertise in psychology with her dedication to improving lives, Dr. Baughman remains a vital resource for both her students and clients, embodying the essence of a compassionate educator and clinician.

### **Learn more about Kiersten Baughman:**

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/kiersten-baughman>

### **America’s Best in Medicine**

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