

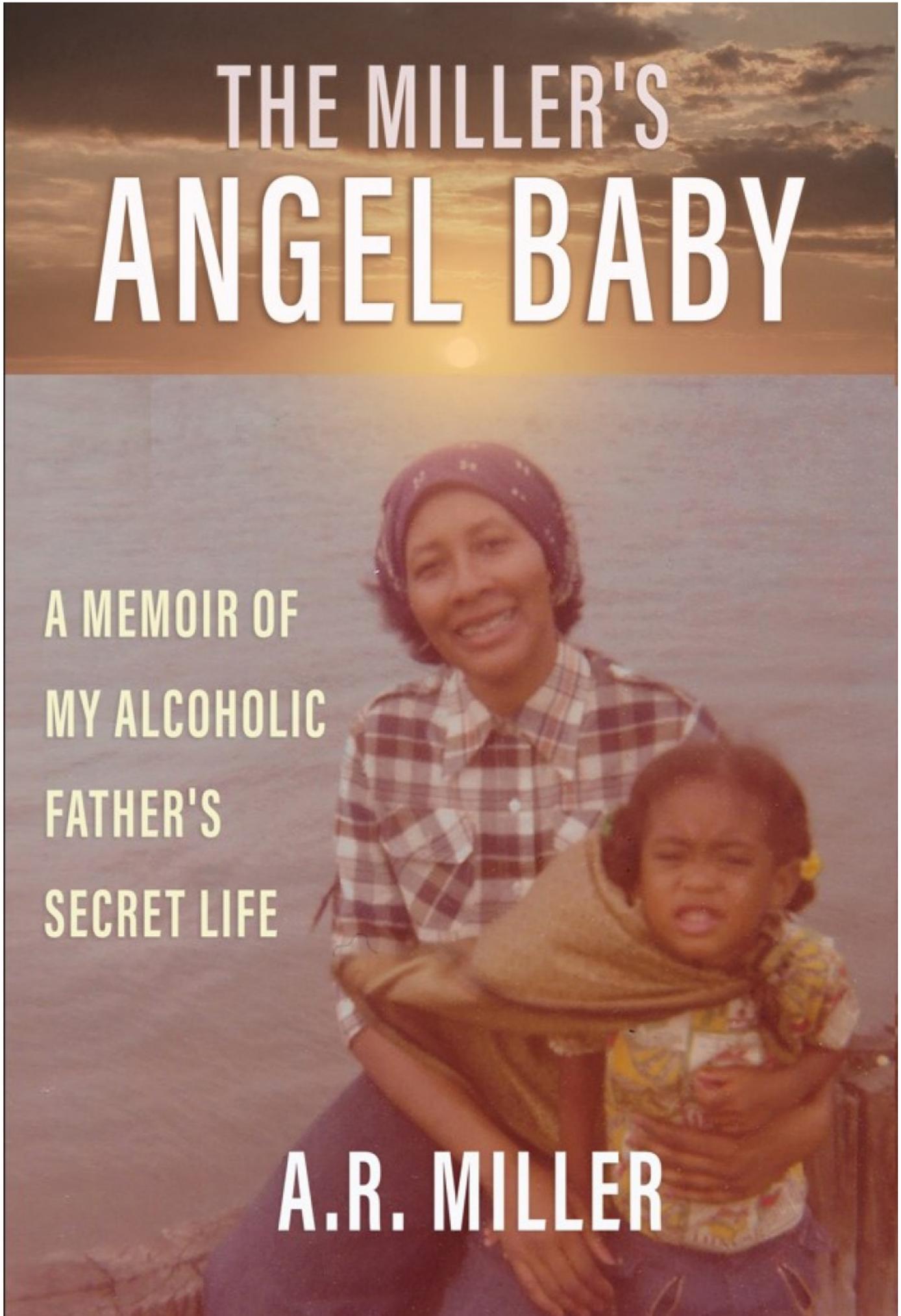
# **Alexis R. Miller Releases *The Miller's Angel Baby: A Memoir of My Alcoholic Father's Secret Life***

A powerful story of loss, hidden truths, forgiveness, and personal redemption

# THE MILLER'S ANGEL BABY

A MEMOIR OF  
MY ALCOHOLIC  
FATHER'S  
SECRET LIFE

A.R. MILLER



**Portland, Oregon Feb 24, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Author **Alexis R. Miller** announces the release of her deeply moving memoir, ***The Miller's Angel Baby: A Memoir of My Alcoholic Father's Secret Life***, a redemptive family story that explores addiction, betrayal, resilience, and the transformative power of truth. Written for readers of *The Glass Castle*, *Going Under*, and *Beautiful Things*, the memoir offers an unflinchingly honest look at grief and healing, and the courage required to rise from life's darkest moments.

## About the Book

Set against the backdrop of an outwardly successful life in the Philadelphia suburbs, *The Miller's Angel Baby* follows Alexis, a military wife, working mother, and high achiever who's carefully ordered world unravels when long-buried family secrets surface. What begins as the discovery of her father's hidden alcoholism and hoarding spirals into revelations of infidelity, secret siblings, and a fractured family history.

As loss, betrayal, and burnout collide, Alexis reaches a personal breaking point, a dark night of the soul that forces her to choose between remaining a victim of circumstance or becoming the victor of her own life. Through moments of devastation and unexpected grace, she experiences profound personal transformation, marked by synchronicities, forgiveness, and renewal.

Both intimate and empowering, the memoir traces Alexis's journey from disillusionment to clarity, illustrating how grief can become fertile ground for growth, faith, and purpose. *The Miller's Angel Baby* is ultimately a testament to the resilience of the human spirit and the enduring power of love, forgiveness, and hope.

## About the Author

**Alexis R. Miller** is a military wife and mother of two who lives with her family in the rolling hills of Pennsylvania. A passionate reader and lifelong learner, she enjoys science fiction, romance, mystery, and personal development books. When she's not writing, Alexis can be found studying French, enjoying croissants, or inspiring others to live intentionally and courageously. Her work is rooted in the belief that even life's most painful chapters can be transformed into purpose.

## Inspiration Behind the Book

Alexis wrote *The Miller's Angel Baby* to offer hope to those navigating seasons of loss, betrayal, and uncertainty. What once felt like failure and burnout, she came to understand as preparation and positioning. Through her story, she invites readers to stop postponing dreams, live with urgency, and trust that no experience is wasted and that every chapter contributes to a larger, meaningful design.

## Message to Readers

"I hope readers know that it is possible to move forward and choose life, even after crushing disappointment, grief, and betrayal," Alexis shares. "Rock bottom is not the end; it can be fertile ground for faith and transformation. Even an ounce of courage and a drop of faith is enough to begin. Your story

matters, and your healing may become someone else's hope.”

## Previous Media Coverage & Appearances

Alexis R. Miller has been featured across a wide range of media platforms and literary events, including:

- The Spotlight Network Interview with **Logan Crawford** <https://www.youtube.com/watch?v=4Y4f6K7YSKQ>
- **Story U Talk Radio** with Debby Handrich

[Encore: Writing Your Memoir, w... - Story U Talk Radio with Coach Debby - Apple Podcasts](#)

- America Tonight with Kate Delaney- Radio Interview A. R. Miller "The Miller's Angel Baby: A Memoir of My Alcoholic Father's Secret Life"

[ARMiller.mp3 by America Tonight with Kate Delaney@](#)

- **The Bedside Bookwork Podcast** at the Bookhouse Hotel
- **Strength on Stages** with Robert Hartwell
- **Lady Entrepreneur Society** with Terri Wade
- Author events at **Barnes & Noble**, **The Towne Book Center**, and **Wellington Square Book Shop**
- **Skippack Book Fest**
- **The Threaded Project**
- Featured in **Publishers Weekly**, Volume 271, Number 27

## Book Availability

*The Miller's Angel Baby: A Memoir of My Alcoholic Father's Secret Life* is available now on Amazon:

## Author Website

For more information, visit [www.alexisrosebooks.com](http://www.alexisrosebooks.com)

For ongoing updates and reflections about the memoir you may follow her instagram account:

<https://www.instagram.com/alexisrosebooks/>



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