

Aimee Bergeron, LPC, Recognized by America's Best in Medicine for Compassionate, Client-Centered Counseling Care

Specializing in Personalized In-Home Support and Therapeutic Progress for Individuals with Severe Mental Health Needs



Thibodaux, Louisiana Feb 3, 2026 (IssueWire.com) - Thibodaux, Louisiana – Aimee Bergeron, LPC, is making significant strides in the mental health field as a Licensed Professional Counselor at Merakey. With a strong commitment to comprehensive, client-centered care, Aimee specializes in working with

individuals diagnosed with severe mental health conditions. Her innovative approach to therapy focuses on delivering personalized in-home counseling, prioritizing therapeutic progress and the prevention of unnecessary hospitalizations.

Aimee's educational background is impressive. She holds a Bachelor of Science in Interdisciplinary Studies, a Master's in Teaching, and a Master's in Licensed Clinical Mental Health from Nicholls State University. This extensive education, combined with her clinical training, equips her to tackle complex mental health challenges with professionalism and sensitivity. Aimee is dedicated to understanding each client's unique circumstances, allowing her to tailor her therapeutic methods to foster meaningful, long-term outcomes.

At Merakey, which is often described as a "hospital without walls," Aimee plays a vital role in an innovative model of integrative care that spans multiple parishes. Her work is integral to providing continuity of care, ensuring that clients receive the support they need in the comfort of their own homes. This approach not only enhances accessibility but also creates a safe and familiar environment where individuals can thrive.

"There are many aspects I truly enjoy about being a practicing mental health professional, but what I enjoy the most is truly helping my clients," says Aimee. "Each case is unique and presents its own set of challenges; assisting my clients with ways to address and conquer these challenges, while witnessing their progression through treatment, is where I find the most joy."

Through her dedicated efforts, Aimee Bergeron empowers individuals to achieve personal goals, improve their mental well-being, and maintain independence while benefiting from holistic, community-focused support. Her compassionate approach and commitment to innovation in mental health care make her an invaluable asset to the Thibodaux community and beyond.

Learn more about Aimee Bergeron:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/aimee-bergeron>

America's Best in Medicine

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