

Thirty Days of Power: Life Transforming Declarations and Destiny Defining Journaling Prompts by Wisdom Mupudzi

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Life Transforming
Declarations and Destiny
Defining Journaling
Prompts

Wisdom Mupudzi

Tomah, Wisconsin Jan 31, 2026 (IssueWire.com) - Award-winning author and book coach **Wisdom Mupudzi** announces the release of *Thirty Days of Power*, a timely and empowering book designed to help readers recognize the profound influence of words and take intentional control of the language shaping their lives and relationships.

In *Thirty Days of Power*, Mupudzi brings awareness to the often-overlooked power of spoken and internal dialogue. The book challenges readers to examine how daily words spoken over themselves, their families, and their children can unconsciously shape identity, mindset, and future outcomes. Through intentional reflection and practical guidance, readers are encouraged to develop discipline in their speech and align their words with purpose, growth, and empowerment.

About the Author

Wisdom Mupudzi is an award-winning author, book coach, and transformational leader passionate about helping individuals become the best version of themselves. He is deeply committed to bringing ideas to life and equipping others with the tools needed to create meaningful impact. Through his writing and coaching, Mupudzi continues to inspire intentional living, personal growth, and positive transformation.

Inspiration Behind the Book

The inspiration for *Thirty Days of Power* emerged during the COVID-19 pandemic, a period marked by widespread fear and negative discourse. Recognizing the damaging effects of unintentional language, Mupudzi was compelled to create a resource that would help individuals become more aware of the words they speak and cultivate the discipline to communicate with clarity, intention, and purpose.

A Message to Readers

“As we move into 2026 and beyond,” Mupudzi shares, “be more aware and be more **intentional** about the words you speak over yourself and others.”

Media & Public Appearances

Mupudzi has appeared as a guest on **America Tonight**, where he was interviewed by **Kate Delaney**, and has also been featured on **Ticker News Australia**, among other platforms.

Watch the Spotlight Network interview with Logan Crawford here:

<https://www.youtube.com/watch?v=BDux69MQtWA>

Book Availability

Thirty Days of Power is available at:
<https://www.thirtydaysofpower.com/>

You can visit his book on Amazon : <https://www.amazon.com/Thirty-Days-Power-Transforming-Declarations-ebook/dp/B09HZ31NZ7>



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