Ron Haynes, LCMHC, LPC: America's Best in Medicine Honoree in Trauma-Informed Mental Health Care

Pioneering Trauma-Informed Mental Health Care in High-Stress Environments

Greensboro, North Carolina Jan 9, 2026 (Issuewire.com**)** - Ron Haynes, a seasoned Licensed Mental Health Counselor with over 15 years of experience, is making significant strides in providing compassionate, evidence-based mental health care at the Guilford County Detention Center – Medical Department. Known for his trauma-informed approach, Haynes utilizes a blend of Cognitive Behavioral

Therapy (CBT), Rapid Resolution Therapy (RRT), and mindfulness-based interventions to support individuals facing complex emotional and behavioral challenges.

In his current role, he addresses the unique mental health needs of individuals in one of society's most high-stress environments. His integrative therapeutic approach promotes resilience and stability while facilitating long-term recovery. "I believe in the power of compassionate care to transform lives, especially for those navigating trauma," Haynes states. His hands-on experience in crisis intervention and community-based mental health services has equipped him with the tools to effectively support clients from diverse backgrounds.

Throughout his career, Ron has worked in various clinical settings, including telehealth platforms such as Thriveworks and BetterHelp. His expertise encompasses psychiatric intake, risk assessment, and coordinated care for individuals transitioning from inpatient to outpatient treatment. By fostering a trauma-informed culture within clinical teams, he aims to improve access to ethical, person-centered care for vulnerable populations.

A graduate of the California Institute of Integral Studies, Ron holds a master's degree in Counseling Psychology with a concentration in Drama Therapy. This unique educational background allows him to incorporate creativity into his therapeutic practices, enhancing client engagement and healing. Additionally, he is a proud alumnus of the University of North Carolina at Greensboro.

Ron is not only committed to individual client growth but also advocates for system-level reform to expand access to equitable mental healthcare. His dedication to clinical leadership and mentorship has significantly strengthened the capabilities of his colleagues, ensuring that those in need receive the highest standard of care.

Learn more about Ron Haynes:

Through his America's Best in Medicine
profile, https://americasbestinmedicine.com/connect/ron-haynes

America's Best in Medicine

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Media Contact

America's Best in Medicine

*********@americasbestinmedicine.com

1-877-346-0175

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