

Rewriting the Future of Plastic Surgery": How Dr. David Pincus Is Using Cutting-Edge Technology During Surgery

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Smithtown, New York Jan 15, 2026 (IssueWire.com) - Plastic surgery is undergoing a fundamental shift. What was once a field built around single procedures and staged recovery periods is rapidly evolving into something more intelligent, efficient, and collaborative. Today's patients want more than change; they want optimization. Fewer recoveries, better skin quality, longer-lasting results, and treatments that work together rather than in isolation. At Pincus Plastic Surgery, Dr. David Pincus is helping define what that future looks like.

Industry data reflects this shift. According to the American Society of Plastic Surgeons, demand for combined surgical and non-surgical treatments has steadily increased over the past decade, with non-surgical procedures now accounting for over 60 percent of all aesthetic treatments performed in the

United States. At the same time, laser and energy-based technologies are among the fastest-growing segments in aesthetic medicine. The future is no longer surgery versus non-surgical care; it is how intelligently they are combined at Pincus Plastic Surgery in New York and Florida.

Historically, these treatments lived in separate timelines. A patient would undergo surgery, heal, then return months later for lasers, injectables, or skin treatments, each with its own downtime. Today, advances in technology, safety, and team-based care allow Dr. David Pincus and his aesthetic team to integrate these modalities directly during surgery. This approach maximizes results while minimizing total recovery time, a shift that is redefining patient expectations.

One of the most significant tools enabling this evolution is Sciton's TRIBRID platform. TRIBRID allows multiple laser wavelengths to be delivered through a single system, making it possible to perform BroadBand Light and HALO together in one session. These are some of the most popular laser treatments, normally separated, but now combined. When used together, Pincus Plastic Surgery can simultaneously target sun damage, resurface the skin, and stimulate collagen at exceptional levels. When combined, they address both tone and texture simultaneously, something that previously required multiple treatments spread over time.

At Pincus Plastic Surgery, these laser treatments are often performed while the patient is already in the operating room during select surgical procedures. Yes, having laser treatments while also having a Tummy Tuck, Mommy Makeover, Breast Augmentation, and more. Instead of returning months later for resurfacing with additional downtime, patients recover from surgery and laser treatment at the same time. The result is not just convenience, but more comprehensive rejuvenation, at the hands of Dr. Pincus.

Regenerative medicine is another pillar shaping the future, and Dr. Pincus has incorporated treatments like Rejuran into this integrated model. Rejuran, often referred to as salmon sperm DNA therapy, is derived from polynucleotides extracted from salmon DNA that closely resemble human DNA. This allows it to stimulate cellular repair, improve hydration, strengthen the skin barrier, and enhance collagen and elastin production. When used alongside surgery and laser treatments, Rejuran supports healing from within, improves skin resilience, and helps results look better and last longer.

Body contouring and tissue refinement are also evolving through technologies like Ignite by InMode. Ignite uses advanced radiofrequency energy to tighten skin, remodel tissue, and stimulate collagen. When combined with surgical procedures, it enhances contouring and smoothness in a way that surgery alone cannot always achieve. This approach reflects a broader trend in aesthetic medicine, where energy-based technology is used to refine and preserve results rather than replace surgery. Dr. Pincus is still one of the most well-known plastic surgeons for his results and bedside manner.

What sets Dr. Pincus apart is not the use of any single technology, but the orchestration of all of them. Working closely with his surgical and aesthetic team,

he designs treatment plans that combine surgery, lasers, regenerative therapies, and energy-based devices into one cohesive experience. This level of integration requires expertise, coordination, and a forward-thinking mindset, qualities that are increasingly defining leaders in the future of modern plastic surgery.

The philosophy behind this approach is simple but powerful. Subtle refinement over dramatic change. Efficiency over excess downtime. Results that age well rather than chase trends. Techniques Dr. Pincus coined, such as the “quiet facelift,” preserve natural structure, while intraoperative lasers, regenerative treatments, radiofrequency technology, and advanced biologics like exosomes elevate skin quality and recovery at the same time. From the Empowerment MedSpa to the operating room, exosomes are used to enhance cellular repair,

reduce inflammation, and support healing, creating continuity between non-surgical care and surgical precision in a way that defines the future of plastic surgery. “Patients are more informed than ever,” says Dr. Pincus. “They want smarter care. They want to maximize their investment and their recovery while still looking natural. That’s where plastic surgery is headed.”

As the aesthetic industry continues to grow, projected to exceed \$100 billion globally within the next decade, integrated treatment models like this are becoming the blueprint for the future. At Pincus Plastic Surgery, that future is already there, built around innovation, collaboration, and a commitment to delivering better outcomes through intelligent design.

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