

Passionpreneur Publishing proudly announces that Dr. Khulod Almijlad has started the journey for an Arabic book with us.

Her upcoming inspiring book is titled Cold Burn: A Revolutionary Approach to Fitness in Arabic version and will be available via major players in the global book distribution field.



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تعرف على مؤلفتنا
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الدكتورة خلود متعب حاكم المجلاد
حاصلة على درجة الدكتوراه

مبتكرة كتاب

الحرق البارد

نهج ثوري في
اللياقة البدنية

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Burn Fat. Build Strength. Reclaim Your Power

Forget everything you've been told about fitness. No more punishing routines. No more burnout. No more exhausting your body for minimal results.

Informed by the author's personal healing journey, the Cold Burn Sequence uses the ThermoZero™ technique to activate your body's innate fat-burning potential without stress or injury. Rejecting hasty solutions to complex issues, Cold Burn is your pathway to smart, sustainable transformation.

Whether you're in your 20s or your 60s, the Cold Burn program meets you at your level—and gives you the power to safely elevate your fitness.

Arabic version is coming in 2026.

About The Author:

Dr. Khulod Almijlad is recognized as one of the leading figures in sports and health across the Arab world. She is the innovator behind the ThermoZero™ Cold Burn System.

She has earned both her Master's and Doctoral degrees in Clinical Nutrition from Stanford International University.

She possesses numerous professional certifications in personal training, sports medicine, cupping therapy, aquatic safety, swimming, and martial arts

About Passionpreneur Publishing:

An indie publisher, [Passionpreneur Publishing](#), successfully helps entrepreneurs and professional experts become International Authors in as few as 90 days.

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Passionpreneur Publishing team is looking forward to supporting entrepreneurs, experts and leaders in achieving their dream of becoming an international author in the coming few months.

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