

## **Maria de Vida Unveils a Global Thriller of Identity and Truth in Put on Your Mask or Just Be Yourself**

A bold, cross-continental story that explores love, deception, and the courage to be authentic.

# PUT ON YOUR MASK OR JUST BE YOURSELF



MARIA DE VIDA  
1994

**Tomah, Wisconsin Jan 14, 2026 ([IssueWire.com](https://www.issuewire.com))** - Set against the vibrant backdrop of the 1990s, *Put on Your Mask or Just Be Yourself* takes readers on a breathtaking journey from **Miami to Manchester to Brazil**, weaving together human trafficking, romance, and redemption in a gripping narrative of self-discovery and moral reckoning.

At once thrilling and deeply human, author **Maria de Vida** captures the universal struggle of hiding behind masks both literal and emotional and the liberation that comes with unveiling one's true self. As her characters navigate danger, loss, and love, the story reveals a profound truth: no matter where we come from, our emotions and dreams are what connect us all.

*"At our core, we are all more alike than different," says Maria. "Through my writing, I want to inspire people to remove the masks that society forces us to wear and embrace authenticity, even when it's uncomfortable."*

### About the Book

*Put on Your Mask or Just Be Yourself* is a thrilling and emotionally resonant tale set in the colorful, chaotic 90s. From the sunlit streets of Miami to the vibrant heart of Brazil, the novel dives into the underworld of **human trafficking and deception**, intertwined with the **transformative power of love and courage**.

Through suspenseful storytelling and emotional depth, Maria de Vida explores what it truly means to **be seen, to love, and to live without pretense**.

### About the Author

**Maria de Vida** is an author, artist, and traveler who balances a full-time career with her creative passions for writing and drawing. Her philosophy is that we are all more connected than divided shines through every page she writes. With *Put on Your Mask or Just Be Yourself*, Maria invites readers to reflect on their own hidden truths and rediscover their strength in vulnerability.

### Author's Message to Readers

*"Dear Reader, what I hope to give you through this book is the courage to embrace your true self. Let go of inhibitions, follow your heart, and be unapologetically you. My deepest wish is that this story reminds you that you are not alone and that living authentically is the most beautiful freedom of all."*

### Where to Find the Book

*Put on Your Mask or Just Be Yourself* is available now worldwide through major retailers, including:

**Amazon:** <https://www.amazon.com/Put-Your-Mask-Just-Yourself-ebook/dp/B0FRJSMRLS/ref>

**Barnes &**

**Noble:** <https://www.barnesandnoble.com/w/put-on-your-mask-or-just-be-yourself-maria-de->

[vida/1148313083](#)

**Booktopia:** [https://www.booktopia.com.au/put-on-your-mask-or-just-be-yourself-maria-de-vida/ebook/9781968667016.html?srsltid=AfmBOoo\\_OcsVfLgcWVnyYjPW-7hY5xBKxO31mwZQNrpV7ITxl60HI3Ge](https://www.booktopia.com.au/put-on-your-mask-or-just-be-yourself-maria-de-vida/ebook/9781968667016.html?srsltid=AfmBOoo_OcsVfLgcWVnyYjPW-7hY5xBKxO31mwZQNrpV7ITxl60HI3Ge)

**The Spotlight Network on Put On Your Mask or Just Be Yourself by Maria de Vida:**  
<https://www.youtube.com/watch?v=mT62wuoAjPg>



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