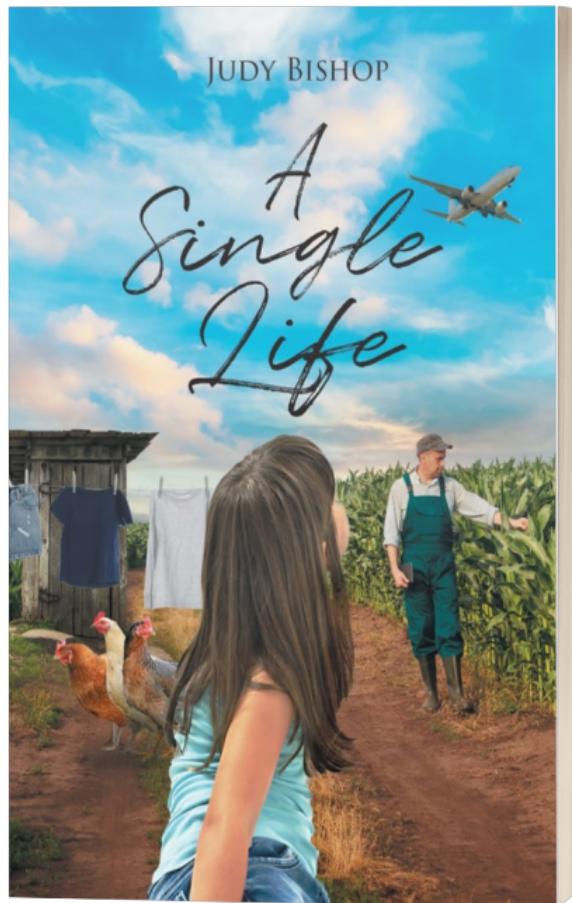


Judy Bishop's "A Single Life" Shines as a Memoir of Courage, Curiosity, and Choosing One's Own Path

From Midwestern roots to global adventures, one woman's story of resilience, reflection, and living life on her own terms.



Los Angeles, California Jan 13, 2026 (IssueWire.com) - What began as a simple journal to pass on family stories evolved into a powerful memoir of identity, travel, and personal growth. Judy Bishop's [A Single Life](#) is a heartfelt and adventurous look back on eight decades of life—from a middle-American farm in the 1940s to travels across Alaska, Central America, Europe, and beyond. Through vivid storytelling and unflinching honesty, Bishop reflects on the choices she made, the boundaries she set, and the remarkable life she shaped on her own terms.

The book captures both the joys and challenges of life: being raised by a single mother while her father was away at war, growing up with a tomboy streak, navigating adulthood, marriage, and a career in education—all with grace, independence, and a deep hunger for the unexpected.

In a glowing review, The US Review of Books writes, "A Single Life is a tale chronicling the fascinating

life of a person with a strong sense of personal identity and a willingness to challenge her surroundings to become stronger and achieve her goals.”

Bishop’s writing voice is warm, reflective, and quietly empowering. Readers are drawn in not just by her experiences but by her clear sense of who she is—and who she is not. *“A Single Life”* is ultimately a book about self-definition, courage, and living with intention.

Available now in print and ebook formats.

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