

Jose David Suarez, MD, Launches Hola MD to Transform Telemedicine and Personalized Healthcare

Board-Certified Family Physician Brings Three Decades of Expertise and a Personal Journey to Revolutionize Patient Care Nationwide



Miami, Florida Jan 29, 2026 ([Issuewire.com](https://www.issuewire.com)) - Miami, Florida — Dr. Jose David Suarez, MD—affectionately known as “Dr. JD”—is a distinguished board-certified family physician whose career

spans more than three decades, dedicated to providing compassionate and comprehensive care for men and women alike. Since 1991, Dr. JD has built a reputation as a trusted medical professional, combining clinical expertise with a deep understanding of patient needs.

Dr. JD's commitment to healthcare took on a personal dimension when he confronted his own challenges with weight management. Through the use of GLP-1 medications, he achieved significant, life-changing results—an experience that inspired him to create Hola MD, a telemedicine platform designed to extend the same transformational care to patients across the nation.

“At Hola MD, we understand that every individual's health journey is unique,” Dr. JD said. “Our team is committed to providing customized treatment plans for weight management, sexual wellness, and other health concerns. We are here to support every patient every step of the way.” The platform emphasizes personalized, empathetic care, making healthcare accessible, convenient, and empowering.

Dr. JD's vision for Hola MD reflects his passion for redefining the healthcare experience. By blending innovation, empathy, and expertise, the platform ensures patients can access quality medical solutions from anywhere, providing a renewed sense of well-being at the click of a button.

Dr. JD earned his Medical Degree from Eastern Central University in the Dominican Republic, followed by advanced training at ChristianaCare in Delaware, one of the nation's premier family medicine residency programs. His education laid the foundation for a career marked by leadership, innovation, and excellence.

In addition to founding Hola MD, Dr. JD serves as Chief Medical Officer at Nuvia, overseeing central operations and strategic innovation. With more than 25 years of executive healthcare experience, he brings unparalleled insight to both operational and patient-focused initiatives.

Throughout his career, Dr. JD has held several notable leadership positions, including Chief Medical Officer at Clinical Care Medical Centers in Florida and Kerala Hospital, Executive Medical Director at Accountable Care Medical Group, and Program Director for the Family Medicine Residency Program at Westchester General Hospital. His dedication to medical education extends to faculty roles at Beth Israel Medical Center in New York and the University of Miami, where he has trained countless future physicians.

A Diplomate of the American Board of Family Medicine, Dr. JD has been actively involved in organized medicine and healthcare advocacy, serving as President of the Dade County Medical Association and as a Delegate for the Florida Medical Association, advocating for policies to improve patient care and physician practice conditions.

Dr. JD's innovative approach is reflected in his achievements, including a U.S. patent for a medical device addressing erectile dysfunction. He has also shared his expertise on national media outlets, including CNN News and Univision, establishing himself as a respected voice in the medical community.

His dedication to patient care has earned him numerous accolades, including the Compassionate Doctor Recognition (2012, 2014, 2016–2018), On-Time Doctor Award (2014, 2016–2018), and the Patients' Choice Award (2012, 2014, 2016–2018), underscoring his enduring commitment to excellence in family medicine.

Through Hola MD and his extensive career, Dr. Jose David Suarez continues to lead the way in patient-centered healthcare, merging personal experience with professional expertise to provide accessible,

effective, and empathetic care to patients nationwide.

Learn More about Dr. Jose David Suarez:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3446662-Jose-Suarez-Family-Practitioner> or through his website, <https://holamd.co/>

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