

# Glow Natural Wellness Welcomes Landmark FDA Decision Ushering in a New Chapter for Women’s Hormone Health

Glow Natural Wellness highlights how the FDA update supports personalized, clean, and responsible hormone care



**Jackson, Wyoming Jan 18, 2026 (IssueWire.com)** - Glow Natural Wellness, a trusted women’s hormone and wellness brand, is responding to a landmark announcement by the U.S. Food and Drug Administration (FDA) and the U.S. Department of Health and Human Services (HHS) regarding the removal of outdated “black box” warnings from certain hormone replacement therapies (HRT) used in

menopause care.

The update reflects modern scientific understanding and corrects decades-old assumptions that discouraged women from seeking safe, effective hormone support. For years, fear-based labeling influenced both providers and patients, often limiting access to therapies that could improve long-term health, vitality, and quality of life.

“Science has continued to evolve, and today’s decision brings women’s healthcare closer to accuracy and nuance,” said **Dr. Michelle Sands**, Founder and CEO of **Glow Natural Wellness** and a #1 International Best-Selling Author. “This shift allows women to have informed, evidence-based conversations about hormone health without unnecessary fear.”

### **Shifting Away from Outdated Research**

The FDA’s decision revisits conclusions drawn from early studies that relied on synthetic, non-bioidentical hormones and did not account for patient age, delivery methods, or treatment timing. More recent research shows that hormone therapy outcomes vary significantly based on these factors.

When appropriately prescribed and started within a clinically recommended window, hormone therapy may support cardiovascular health, bone density, cognitive function, and overall well-being.

### **A Mission Aligned With Modern Science**

Glow Natural Wellness was founded with a clear mission: to provide clean, science-backed hormone and wellness solutions aligned with how the body naturally functions. The brand’s approach focuses on personalized care and responsible formulation—not one-size-fits-all treatment models.

Glow Natural Wellness emphasizes:

- Bioidentical hormone support
- Clean, cruelty-free formulations
- Non-toxic ingredients and transparent labeling
- Functional medicine-guided product development

“Our philosophy has always been rooted in education and empowerment,” added Dr. Sands. “Women deserve solutions grounded in science, not fear.”

### **A Step Forward for Women’s Health**

This FDA update represents progress in reducing stigma around menopause and hormone health. It enables healthcare providers to offer clearer guidance and supports women in making informed decisions about their bodies.

As conversations around hormone health evolve, Glow Natural Wellness remains committed to innovation, education, and ethical women’s wellness care.

## About Glow Natural Wellness

Glow Natural Wellness is a women-focused wellness brand specializing in hormone balance, menopause support, metabolic health, adrenal wellness, and intimate care. Founded by Dr. Michelle Sands, the brand is dedicated to helping women navigate hormonal transitions with clarity, confidence, and clean solutions.

Learn more at:

<https://www.glownaturalwellness.com>

## Media Contact

GLOW Natural Wellness

\*\*\*\*\*@gmail.com

680 S CACHE STREET

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