

From the Boardroom to the Backlot

Pursuing New Adventures and Passions in Retirement



Oklahoma City, Oklahoma Jan 3, 2026 ([IssueWire.com](https://www.issuewire.com)) - While many view retirement as a conclusion, John W. Heath is treating it as a premiere. After a distinguished career spanning the U.S. military, NASA, and the upper echelons of Fortune 100 leadership, Heath has successfully pivoted into the entertainment industry, transitioning from high-stakes corporate strategy to a thriving career in film, television, and music.

Heath is now applying the same mission-critical competencies—discipline, meticulous preparation, and collaborative leadership—to the fast-paced world of film production and creative storytelling.

"I didn't see retirement as an ending, but as a chance to redirect decades of experience into work that is both meaningful and energizing," said Heath. "Whether you are in a boardroom or on a backlot, the core principles remain the same: perseverance, curiosity, and a commitment to the craft."

Heath's transition comes as the cultural concept of retirement undergoes a massive shift. No longer defined by withdrawal from the workforce, "encore careers" are becoming a prime opportunity for seasoned professionals to pursue entrepreneurship and creative exploration.

Since entering the industry, Heath has built a diverse portfolio, appearing in major network and

streaming productions, including Landman, 9-1-1 Nashville, and Chicago Med, along with a variety of independent productions, including Hope's Hollywood Christmas and Hidden Agendas.

Heath has recently expanded his efforts into songwriting and scoring, viewing music as the emotional heartbeat of narrative film. "Music has always been central to storytelling," Heath noted. "I'm now giving that dimension the focus it deserves, exploring how sound shapes the audience's connection to the screen."

A vocal advocate for the burgeoning film ecosystem, Heath actively supports regional film festivals and mentors emerging talent. Through his work, he aims to prove that professional purpose does not expire with a job title.

"When you retire, you're not finished; you're starting another chapter," Heath said. "My goal is to show that you can reinvent yourself at any age if you bring a strong work ethic and an open mind."

About John W. Heath: John W. Heath is an Oklahoma-based actor, producer, and songwriter. Following a distinguished career in military and corporate leadership, he now focuses on high-quality storytelling and supporting the regional film community. For more information visit: www.imdb.me/johnwheath

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