

Dr. Peyton Brock Recognized by America's Best in Medicine at Lakeland Family Chiropractic

Specializing in General Chiropractic, Dr. Brock Integrates Evidence-Based Techniques with Holistic Healing



Auburn, Washington Jan 16, 2026 ([Issuewire.com](https://www.issuewire.com)) - Peyton David Brock, DC, is a licensed and highly skilled chiropractor committed to enhancing the health and well-being of his patients at Lakeland

Family Chiropractic. Specializing in General Chiropractic, Dr. Brock provides comprehensive, patient-centered care, offering treatments for car accident injuries, laser therapy, therapeutic massage, and athletic performance optimization. His approach integrates modern chiropractic techniques with a holistic understanding of the body's natural healing abilities, helping patients restore mobility, reduce pain, and maintain balance in daily life.

Dr. Brock earned his Doctor of Chiropractic Degree from the University of Western States College of Chiropractic in 2024 and holds an active Washington State license (CH61605292). His clinical training focused on the vital connection between the nervous system and spinal column, and their influence on the body's interconnected systems. With this foundation, Dr. Brock has developed a reputation for providing evidence-based care rooted in compassion and clinical expertise, ensuring his patients receive the most effective treatments tailored to their individual needs.

At Lakeland Family Chiropractic, Dr. Brock is recognized for his attentive, personalized approach. He takes the time to understand each patient's medical history, lifestyle, and goals, whether supporting recovery from chronic pain, rehabilitation following injury, or enhancing sports performance. His dedication to patient education and proactive care empowers individuals to take control of their health and achieve long-term wellness.

Driven by a genuine passion for healing and a belief in the body's innate ability to recover, Dr. Brock combines integrity, skill, and empathy to make a meaningful difference in the Auburn community. His commitment to professional excellence and ongoing education ensures that his patients receive chiropractic care that is both innovative and effective.

Through his work, Dr. Peyton David Brock continues to transform lives, helping patients lead healthier, more active, and pain-free lives while promoting holistic well-being for the broader community.

Learn more about Dr. Peyton Brock:

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/peyton-brock>

America's Best in Medicine

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