

Diana Milling, ND Recognized by America's Best in Medicine for 25 Years of Pioneering Work in Integrative Medicine

Blending Conventional and Holistic Approaches to Support Whole-Person Health and Wellness



Louisville, Colorado Jan 15, 2026 ([Issuewire.com](https://www.issuewire.com)) - Dr. Diana Milling, a dedicated Naturopathic Doctor with over 25 years of experience in healthcare, is making a significant impact in the field of integrative medicine at Advanced Integrative Medicine in Lone Tree, Colorado. With a profound commitment to patient well-being, Dr. Milling combines her extensive knowledge of conventional medical practices with holistic approaches, offering a unique perspective on healthcare that prioritizes the individual needs of her patients.

Before embarking on her naturopathic journey, Dr. Milling honed her expertise in radiation oncology at prestigious institutions such as Froedtert Hospital in Milwaukee and Loyola University Medical Center in Chicago. This early experience equipped her with a comprehensive understanding of conventional treatment protocols, which she now skillfully integrates with natural therapies to promote optimal health outcomes.

Dr. Milling's passion for naturopathic medicine was ignited by her personal health challenges and the transformative power of natural therapies she witnessed throughout her career. She earned her Doctorate in Naturopathic Medicine from the National University of Health Sciences in Illinois, after completing her Bachelor of Science in Radiation Therapy from the University of Wisconsin-La Crosse. Her dedication to ongoing education is evident through her memberships in the American Association of Naturopathic Physicians, the Institute for Functional Medicine, and her status as a Candidate Fellow of the American Board of Naturopathic Oncology.

At Advanced Integrative Medicine, Dr. Milling adopts a collaborative and root-cause approach to primary care, working closely with her patients to identify and address underlying health imbalances. Her areas of expertise encompass a wide spectrum of health concerns, including primary care, autoimmune disorders, gastrointestinal conditions, women's health (including bioidentical hormone replacement), thyroid dysfunction, weight resistance, mental wellness, nutrition, and cancer-care support.

Outside of her professional commitments, Dr. Milling finds joy in spending time with her family, birdwatching, art, and travel, reflecting the same sense of balance and vitality she promotes in her practice.

As a healthcare provider, Dr. Diana Milling remains dedicated to empowering her patients to achieve their best health through integrative and personalized care.

Learn more about Dr. Diana Milling:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/diana-milling>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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