

Brooklyn's Top Doctor: Carol Tunney, MD Reclaims the Heart of Family Medicine



Bronx, New York Jan 23, 2026 (IssueWire.com) - Dr. Carol Madeleine Tunney, a board-certified family physician with over 15 years of experience, is redefining healthcare in Brooklyn. As the founder of Carol Tunney Medical, Dr. Tunney has moved away from the rushed, "7-minute visit" model to focus on what matters most: the patient.

A Return to Basics

Inspired by her family medicine residency at the Mayo Clinic, Dr. Tunney operates under a singular mission: *the needs of the patient come first*. After years of witnessing the frustrations of traditional healthcare, she built her Brooklyn practice on a foundation of extended visits, direct communication, and holistic wellness.

“More than just treating conditions, we listen to fully understand each patient’s healthcare goals and values,” says Dr. Tunney. “Together, we co-create care plans that truly align with their healthcare wishes and their lives.”

Comprehensive Care for Every Stage of Life

Whether managing chronic conditions like diabetes and hypertension or providing acute care for infections and injuries, Dr. Tunney offers a full spectrum of family medical services for the entire family!! Her practice is a true medical home for the community, providing:

- **Preventive & Pediatric Care:** Routine screenings, adolescent health, and well-woman exams.
- **Acute Medical Care:** Medical care when you are sick- coughs, colds, flu, abdominal pain, strep throat are commonly seen conditions, or when you are injured-cuts, falls, open wounds requiring sutures, etc. Dr. Tunney also offers home visits to her patients.
- **Specialized Procedures:** Skin biopsies, women’s health (IUD/Nexplanon), and musculoskeletal injury treatment.
- **Mental & Emotional Support:** Management of ADHD, anxiety, and depression, as well as compassionate end-of-life care.
- **Holistic Consultations:** In-depth reviews of medical history and specialist coordination for complex cases, with full summary and recommendations provided to the patient and their care team.

A Legacy of Excellence

Originally from Ireland, Dr. Carol Tunney is an honors graduate of the UCD School of Medicine and a recipient of the Gaisce Award, a prestigious honor bestowed by the President of Ireland for multi-disciplinary excellence.

Dr. Tunney’s distinguished career in the U.S. began at the Mayo Clinic, where she served as Academic Chief Resident. Her commitment to the field was recognized by the Minnesota Academy of Family Physicians, which named her Resident of the Year for her leadership and clinical excellence in patient care. A gifted educator, she also received the Resident Teacher of the Year award from both the Society of Teachers in Family Medicine (STFM) and the Mayo Clinic.

Beyond the Exam Room

A board-certified Diplomate of the American Board of Family Medicine, Dr. Tunney is a published researcher specializing in women’s health, addiction, and patient education. She is also a vocal advocate for physician wellness. Collaborating with Dr. Margaret O’Rourke of SAFEMED, she works to implement resilience and stress-management programs in medical training, championing a culture where doctors are encouraged to care for themselves as deeply as they care for their patients.

Today, Dr. Carol Madeleine Tunney is recognized not just for her clinical skill but for her commitment to

patient empowerment. By blending traditional medicine with a whole-person approach, she strives to make a positive difference in the lives of her patients in Brooklyn and beyond. Her innovative approach, combined with her passion for holistic health, positions her as a leader in family medicine, ready to address the diverse needs of her community.

Learn More about Dr. Carol Madeleine Tunney:

Through her [findatopdoc](#) profile, <https://www.findatopdoc.com/doctor/81319005-Carol-Madeleine-Tunney-Family-Practitioner> or through her website, <https://www.ctunneymd.com/>

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