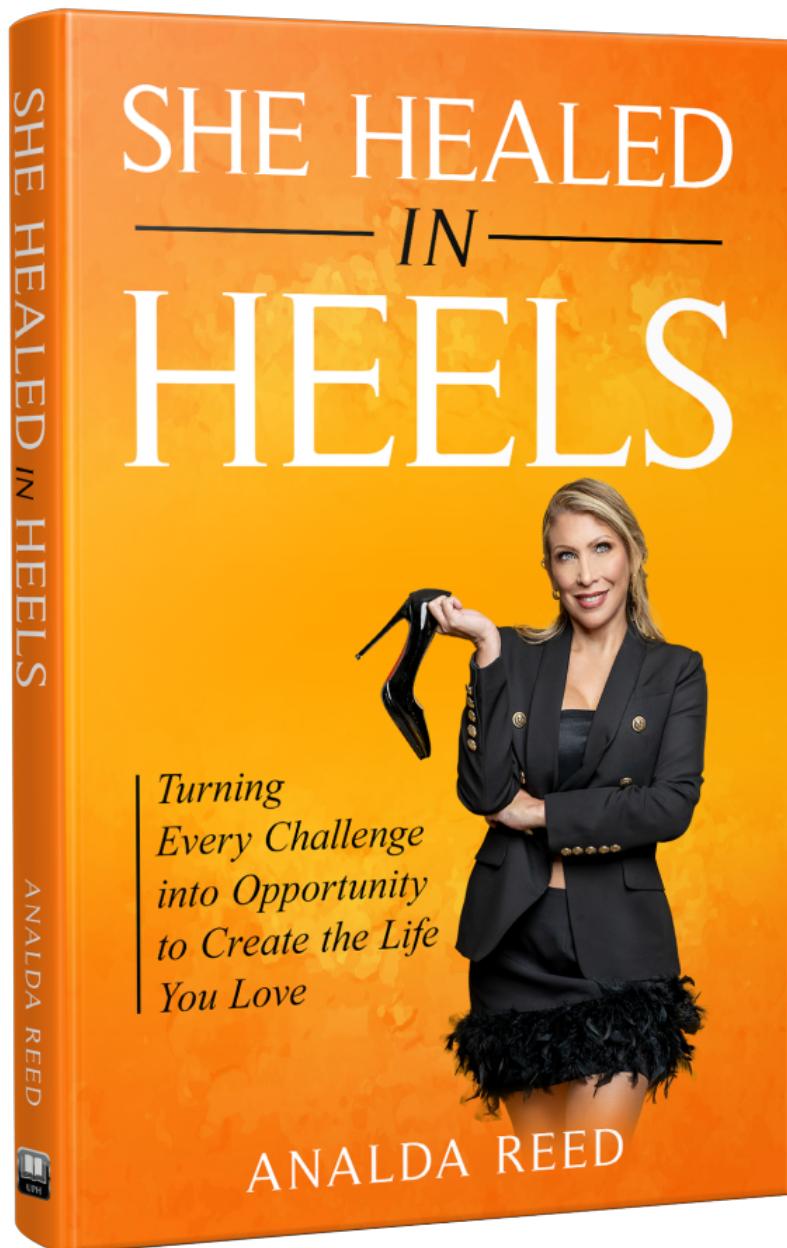


Analda Reed Announces the Release of She Healed in Heels Book Release March 2026

Turning Every Challenge into an Opportunity to Create the Life You Love Foreword by Supermodel, Actress, and Philanthropist Clarissa Burt Published by Ultimate Publishing House



New York City, New York Jan 16, 2026 (Issuewire.com) - Analda Reed Announces the Release of She Healed in Heels: Turning Every Challenge into an Opportunity to Create the Life You Love Foreword by Supermodel, Actress, and Philanthropist Clarissa Burt Published by Ultimate

Publishing House |

Release Date: March 2026

Pre-Order Your Copy Today

What if your greatest pain was actually your greatest portal?

In *She Healed in Heels*, author and transformational leader Analda Reed delivers a powerful guide to resilience, reinvention, and aligned living—designed for individuals ready to turn adversity into clarity, confidence, and conscious success.

Featuring a compelling foreword by internationally renowned supermodel, actress, and philanthropist Clarissa Burt, the book sets the tone for a bold conversation around faith, self-worth, mindset mastery, and the courage required to rise—without losing grace.

She Healed in Heels is not a memoir. It is a practical and inspirational blueprint for transformation. Through lived insight, reflective exercises, and mindset-shifting perspectives, Reed shows readers how to reframe challenges, strengthen inner resilience, and take intentional action toward creating a life they truly love.

“This book is about choice,” says Reed. “Choosing growth over fear. Purpose over pain. And showing up fully—no matter what you’ve been through.”

She Healed in Heels empowers readers to:

Shift perspective and reclaim personal power

Transform challenges into opportunities for growth

Strengthen faith, confidence, and emotional resilience

Take bold, aligned action toward a fulfilling life

Written with clarity, conviction, and elegance, *She Healed in Heels* speaks to modern leaders, entrepreneurs, and purpose-driven individuals who refuse to let setbacks define them—and instead use them as fuel for reinvention.

This is not just a book.
It's a framework for rising.
A guide for intentional living.
And a reminder that strength and elegance can coexist.

Book Details:

Title: *She Healed in Heels*

Author: Analda Reed

Foreword by: Clarissa Burt

Publisher: Ultimate Publishing House

Location: Orlando, Florida

Release: March 2026

Availability: Pre-order your copy today

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