

A Powerful Memoir of Survival, Self-Discovery, and Resilience: My Life As I Lived It: "My Youth" by Millard D. Scherzer

M life as
I lived it

VOLUME 1

MY
YOUTH

MILLARD D. SCHERZER

Weston-super-Mare, Somerset Jan 6, 2026 (Issuewire.com) - **Books To Life Marketing** proudly presents ***My Life As I Lived It: "My Youth"*** by Millard D. Scherzer, a powerful and unfiltered tell-all autobiography that chronicles a journey from childhood adversity to self-made success. Through raw storytelling, emotional honesty, and moments both heartbreaking and humorous, Scherzer invites readers into his formative years, revealing how resilience, self-discovery, and hard-earned wisdom can transform even the most difficult beginnings into a life of purpose and achievement.

“You can learn things from every person, and likewise, they can learn from you if you just give each other a chance—rather than making assumptions about each other,” — Millard D. Scherzer

Book Summary

My Life As I Lived It: "My Youth" recounts true stories from Scherzer's life beginning at the age of two through twenty. Raised in poverty as the youngest of five siblings spaced seven years apart, Scherzer's youth was marked by abuse, vulnerability, and the struggle to survive. Rather than allowing his circumstances to define him, he chose to forge his own path—learning independence, resilience, and self-worth along the way.

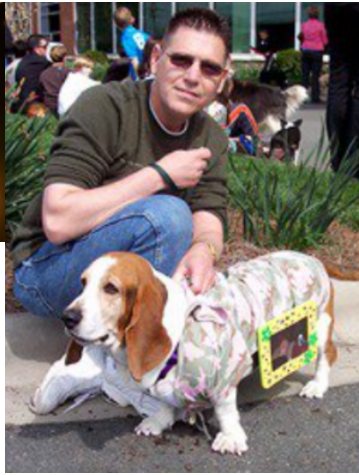
This volume invites readers to follow his escapades—good, sad, funny, and painful—as he transforms youthful adversity into motivation for success. The series continues across four volumes, covering his youth, his time in the U.S. Navy, and life after returning home, and his later years. Scherzer later built a successful professional career, serving for over 30 years as a Nuclear Medicine Technologist and Ultrasonographic Technician.

Author Bio

Millard D. Scherzer is a retired Nuclear Medicine Technologist and Ultrasonographic Technician with more than three decades of medical experience. Through his writing, Scherzer courageously shares his life story to encourage understanding, compassion, and open-mindedness. His work speaks to readers seeking authenticity, representation, and hope—particularly within the LGBTQ community and those who have faced adversity in their youth.

Book Details

- **Title:** *My Life As I Lived It: "My Youth"*
- **Author:** Millard D. Scherzer
- **Publisher:** Books to Life Marketing
- **Genre/Category:** Tell-all Autobiography, LGBTQ, General Stories
- **ISBN:** Paperback - 979-8998671241 / Hardcover - 979-8998671258
- **Format:** E-book, Paperback, and Hardcover
- **Purchase Links:** Amazon



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