

Striving Toward Christian Maturity with Honesty and Grace

Fr. John F. Tuohey's Latest Book Blends Theology, Recovery, and Ethics in a Thought-Provoking Reflection on Faithful Living



Los Angeles, California Dec 3, 2025 ([Issuewire.com](https://www.issuewire.com)) - In a time when believers are seeking grounded spiritual wisdom to guide both personal and communal life, [*“Striving to Be Perfect as the Heavenly Father Is Perfect: Reflections on Christian Maturity in Decision-Making, Forgiving, and Reconciliation”*](#) offers a practical, compassionate roadmap for growth. Written by Fr. John F. Tuohey, this short but insightful work draws from decades of pastoral care, experience in healthcare ethics, and the transformative teachings of Alcoholics Anonymous.

The book presents a trilogy of essays written for anyone striving to make ethical decisions rooted in Christian maturity. Drawing inspiration from Scripture, early church writings, the Twelve Steps, and real-life experiences, [Fr. Tuohey](#) offers readers a candid exploration of imperfection, recovery, and accountability. The result is a book that blends theological reflection with practical advice—accessible to lay readers, yet rich enough for clergy and counselors alike.

In a thoughtful review by Michael Radon for The US Review of Books, the collection is praised as “a goal of compassion [that is] not only attainable but possible in all people.” Radon highlights the book’s realism and relevance, stating that “nobody who has read this book will suddenly become perfect. However, the wisdom on offer will equip readers to do the best they can.”

“Striving to Be Perfect” as the Heavenly Father Is Perfect is available now on Amazon with a 4.8-star rating.

Whether read in sequence or dipped into in moments of need, *“Striving to Be Perfect”* invites Christians into a lifelong journey of reflection, reconciliation, and honest striving—not for flawlessness, but for faithful love.

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