

Rachael Henderson, MSN, APRN, FNP-C, PMHNP-BC, Recognized in America's Best in Medicine for Compassionate Care

**Transforming Lives Through Patient-Centered Psychiatric Practice in Greenville, South
Carolina**



Greenville, South Carolina Dec 2, 2025 ([IssueWire.com](https://www.issuewire.com)) - Rachael Henderson, MSN, APRN, FNP-C, PMHNP-BC, is a highly skilled nurse practitioner with an impressive 23 years of nursing experience and over a decade in advanced practice. As a dedicated psychiatric nurse practitioner at Path to Peace Psychiatry in Greenville, South Carolina, Rachael is passionate about delivering comprehensive mental health care that empowers patients to navigate their unique journeys toward wellness.

With certifications as an Advanced Practice Registered Nurse, Certified Family Nurse Practitioner, and Board-Certified Psychiatric-Mental Health Nurse Practitioner, Rachael embodies a commitment to patient-centered care. Her extensive qualifications reflect her dedication to advancing mental health services through evidence-based practices and compassionate clinical leadership. Rachael specializes in diagnosing and managing a wide range of mental health conditions, including depression, anxiety, PTSD, OCD, Bipolar Disorder, eating disorders, Autism, and mood disorders.

At Path to Peace Psychiatry, Rachael's approach is rooted in empathy and understanding. She creates a safe and supportive environment where patients feel heard, valued, and empowered to take charge of their mental well-being. "For me, nursing has always been more than a profession; it's a calling shaped by personal experience and a commitment to caring for others," Rachael explains. Inspired by her Aunt Judi, a Registered Nurse, Rachael decided to follow this path from a young age, driven by a desire to make a difference in people's lives.

Rachael's nursing journey began in 2001 when she started as a certified nurse's aide while pursuing her education. She became a Licensed Practical Nurse in 2004, followed by earning her Associate of Science in Registered Nursing from Greenville Technical College in 2005. After advancing to Registered Nurse in 2006, she quickly found her niche within the fast-paced Emergency Room environment. Her clinical expertise was complemented by certifications such as Certified Emergency Nurse (CEN) and Sexual Assault Nurse Examiner (SANE), making her a respected figure during moments of crisis.

Rachael's commitment to education led her to complete a Bachelor of Science in Nursing at the University of South Carolina Upstate in 2007. Encouraged by physicians who recognized her talents, she pursued a Master of Science in Nursing with a Family Practice focus from Maryville University in 2014, becoming a board-certified Family Nurse Practitioner. Her diverse experience in emergency and urgent care settings paved the way for her subsequent role at a ketamine infusion center, where she supported patients battling treatment-resistant depression, anxiety, and chronic pain. This role allowed her to build lasting relationships with patients, fostering a deep sense of fulfillment as she walked alongside them on their healing journey.

Motivated by her experiences, Rachael returned to Maryville University to complete a Post-Master's Certificate in Psychiatric Mental Health Nursing in 2024. Today, she holds dual board certifications in both Family Medicine and Psychiatry, enabling her to treat the whole person. Her unique background allows her to blend evidence-based psychopharmacology with warmth, advocacy, and genuine human connection.

Rachael firmly believes that nursing involves being a steady presence during life's most vulnerable moments—serving as an advocate, a cheerleader, and a source of stability. This philosophy guides her interactions with patients at Path to Peace Psychiatry, where she strives to create a safe, confidential, and compassionate space for healing.

When she is not caring for patients, Rachael enjoys spending quality time with her husband Ian and their German shepherd, Yara. She is also an avid reader of fantasy novels and enjoys keeping up with popular series like Game of Thrones and House of the Dragon. Rachael takes pride in nurturing her thriving collection of houseplants, reflecting her passion for growth and healing.

Rachael Henderson's career is distinguished by her strong leadership, collaborative spirit, and commitment to holistic healing—qualities that continue to guide her work as she helps patients find their own path to peace and wellness. Her dedication to mental health care is making a significant impact in the Greenville community, as she empowers individuals to embrace their journeys toward recovery and overall well-being.

Learn more about Rachael Henderson:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/rachael-henderson> or through Path to Peace Psychiatry, <https://www.pathtopeacepsych.com/about>

America's Best in Medicine

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