

Noris Perez, DPT, Featured in America's Best in Medicine for Advancing Physical Therapy

Advancing Community Health at the University of Miami Health System Through a Powerful Blend of Academic Excellence and Clinical Expertise



Coral Gables, Florida Dec 2, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Noris Perez, DPT, holds dual roles as Assistant Professor in the Department of Physical Therapy at the University of Miami Miller School of

Medicine and Clinic Manager at The Lennar Foundation Medical Center. Her extensive qualifications and commitment to patient-centered care significantly contribute to the Center's mission of providing exceptional academic-based medical services.

The Lennar Foundation Medical Center, a state-of-the-art 200,000-square-foot facility, serves as a hub for comprehensive outpatient care. It is home to renowned specialties such as the NCI-designated Sylvester Comprehensive Cancer Center, the Bascom Palmer Eye Institute, the nation's leading eye hospital, and the UM Sports Medicine Institute. Under Dr. Perez's leadership, the center aims to integrate innovative physical therapy practices to enhance recovery and improve the quality of life for patients.

Dr. Perez earned her Bachelor of Science Degree from Bernard Baruch College in New York in 2001 and completed her Doctor of Physical Therapy Degree at the University of Miami in 2004. As a licensed professional through the Department of Health, she possesses multiple advanced credentials, showcasing her dedication to clinical excellence. Dr. Perez is recognized as a Board-Certified Orthopaedic Clinical Specialist by the American Physical Therapy Association and serves as an APTA Certified Clinical Instructor, demonstrating her commitment to mentoring future therapists.

In addition to her clinical roles, Dr. Perez has honed her leadership skills by completing the University of Miami's Six Sigma Champion Belt (CSSYB) program. This training has equipped her to implement quality improvement initiatives within the clinic, further enhancing operational efficiency and patient satisfaction.

Dr. Perez is also Graston Technique certified and trained in Selective Functional Movement Assessments (SFMA) and Blood Flow Restriction Therapy. These specialized skills enable her to deliver evidence-based interventions tailored to each patient's unique needs, ensuring optimal recovery outcomes.

With her extensive background and commitment to advancing physical therapy, Dr. Perez is poised to make significant contributions to The Lennar Foundation Medical Center and the broader University of Miami community. Her leadership and expertise will undoubtedly elevate the standard of care provided to students, faculty, staff, and the surrounding community.

Learn more about Dr. Noris Perez:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/noris-perez> or through the University of Miami Miller School of Medicine, <https://med.miami.edu/faculty/noris-perez-pt-dpt>

America's Best in Medicine

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Source : Dr. Noris Perez

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