

‘Making Most Meaning’ by Bob Lichtenbert is a book about creating meaning for yourself and others through daily actions.



Beverly Hills, California Dec 13, 2025 (Issuewire.com) - “Making Most Meaning” by Bob Lichtenbert is a thought-provoking book about discovering purpose through meaningful actions.

Published on September 29, 2025, and now available on Amazon Kindle, this inspiring guide explores how each of us can build a richer, more balanced life by understanding what truly matters and how our choices create deeper meaning.

About the book:

Drawing from the book's powerful insights, "Making Most Meaning" introduces the idea that meaning is created through the positive impact of our actions. Lichtenbert explains that a meaningful life can be built through eight essential sources: loving relationships, a sense of community, honest dialogues, fulfilling work, valued possessions, appreciation of artworks, the search for God, and the powerful realm of intangibles like justice, goodness, beauty, free will, and big truths. These ideas offer readers a relatable and motivating path to greater purpose.

About the Author:

Bob Lichtenbert is an award-winning author. He has published eight other books on making meaning. Bob has also published sixty-two issues of his quarterly journal, "The Meaning of Life" which reached a peak of 3,400 subscribers. Bob earned a Ph. D. in philosophy from Tulane University in New Orleans on a full fellowship. He now resides in Chicago with his two children, Amy and Steve. His super-sweet wife is deceased.

Availability:

Start your journey toward a more meaningful life. Get your copy of "Making Most Meaning" on Amazon Kindle today and begin transforming your understanding of purpose.

Book Link: <https://a.co/d/dZxfGla>

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