Linsay Hearns, LCSW: A Compassionate Leader in Mental Health Services

Dedicated to Empowering Individuals and Communities Through Therapy and Advocacy



impact in the field of mental health. Currently serving as the Program Coordinator for Effective School Solutions and Co-Chief Executive Officer of Epic Therapy and Counseling Services, Linsay is committed to providing comprehensive support to children, families, and individuals from diverse backgrounds.

Linsay's therapeutic approach is rooted in the belief that every voice deserves to be heard. He emphasizes the importance of storytelling, emotional exploration, and psychoeducation to empower his clients. By creating safe, judgment-free spaces, Linsay equips individuals with the tools they need to build self-worth, process their experiences, and cultivate healthier relationships.

As a co-founder of the Hearns & Oliver Foundation, Linsay's dedication extends beyond clinical practice. The nonprofit organization focuses on supporting children transitioning from homelessness, engaging communities through outreach and service initiatives. Guided by a vision of "breaking the cycle," he actively seeks opportunities to foster positive change, whether through mentorship, advocacy, or acts of kindness, such as providing meals to families in need.

Born and raised in New Jersey, Linsay's personal and professional experiences shape his compassionate approach to therapy and leadership. He has held key roles in school, residential, and community-based settings, ensuring that mental health support is accessible to people of all ages and cultural backgrounds. As he leads outpatient counseling initiatives at Epic Therapy and Counseling Services, Linsay remains focused on fostering resilience and empowerment among his clients.

Outside of his professional commitments, Linsay is a devoted father who cherishes spending quality time with his children. He enjoys basketball, long runs, cooking, grilling, and traveling to beautiful destinations with his family. A lifelong learner, Linsay avidly reads Psychology Today and continually seeks knowledge to enhance his ability to serve others.

Known for his compassion, resilience, and leadership, Linsay Hearns embodies the values of empathy and service. His unwavering commitment to uplifting individuals and communities marks him as a trailblazer in the mental health field, inspiring hope and healing in all those he encounters.

Learn More about Dr. Linsay B. Hearns:

Through his findatopdoc

profile, https://www.findatopdoc.com/doctor/83019582-Linsay-Hearns-Social-Worker or through Epic Therapy and Counseling Services, https://www.epictcounseling.com/meet-the-team

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