

Laura van de Laar, MD, Recognized by America's Best in Medicine for Advancing Patient-Centered Otolaryngology in Houston

Redefining ENT Care Through Compassion, Innovation, and Personalized Treatment



Houston, Texas Dec 10, 2025 ([Issuewire.com](https://www.issuewire.com)) - Your Houston ENT proudly announces the

leadership of Laura van de Laar, MD, a Board-Certified Otolaryngologist and Rhinologist who is redefining the standards of ENT care in the Houston area. With a strong commitment to restoring the vital connection between physicians and patients, Dr. van de Laar emphasizes the importance of compassionate, individualized treatment.

At Your Houston ENT, Dr. van de Laar offers same-day and next-business-day appointments for acute conditions, ensuring that patients receive timely, empathetic care when they need it most. Her approach centers on creating a comfortable environment where patients feel heard and understood. “I ensure my patients feel comfortable by listening to them carefully and helping them understand what’s going on with their body,” Dr. van de Laar states. “A patient who is more informed and involved in their healthcare decisions feels more confident in their treatment plan, leading to the best possible outcome.”

Before establishing Your Houston ENT, Dr. van de Laar honed her skills at Houston ENT & Allergy and DeTar Healthcare System in Victoria, Texas. Her extensive clinical background encompasses diagnosing and treating complex disorders of the ear, nose, throat, and sinuses, as well as performing advanced rhinologic and skull base surgeries. With a focus on evidence-based care, Dr. van de Laar seeks to enhance her patients’ quality of life through both medical and surgical interventions.

Her journey into the field of otolaryngology is deeply personal. “My interest in otolaryngology began as a child when my father was born with a cleft palate and deaf in one ear,” she recalls. “Even as a child, I was able to see firsthand how ENT issues can affect people’s day-to-day lives. Because of this, my number one goal is to improve each patient’s quality of life; in my experience, patients most importantly want to feel better.”

Dr. van de Laar’s academic accomplishments are impressive. In 2011, she graduated summa cum laude from Texas A&M University with a Bachelor of Science in Biomedical Sciences and a minor in Spanish. She then earned her Medical Degree in 2015 from McGovern Medical School at UTHealth Houston, where she graduated at the top of her class and was inducted into the prestigious Alpha Omega Alpha Medical Honor Society.

Following her medical education, Dr. van de Laar completed her residency in Otolaryngology-Head and Neck Surgery at UTHealth Houston, being recognized as “Resident of the Year” for three consecutive years. She furthered her expertise with a Rhinology and Skull Base Surgery Fellowship at Vanderbilt University Medical Center in Nashville, Tennessee.

In addition to being a Diplomate of the American Board of Otolaryngology-Head and Neck Surgery, Dr. van de Laar is actively involved in several professional organizations, including the American Rhinologic Society, the American Academy of Otolaryngology, the Harris County Medical Society, and the Texas Medical Association.

Originally from Canada, Dr. van de Laar has embraced Houston as her home, both personally and professionally. “The people and culture make Houston great,” she says. In her downtime, she enjoys cooking, exploring documentaries, listening to various genres of music, and attending concerts. She is a proud homeowner in the community where she also practices medicine, the Heights neighborhood in Houston.

Combining advanced surgical skills with an unwavering commitment to patient well-being, Dr. Laura van de Laar continues to uphold the highest standards of excellence in ear, nose, and throat care for the Houston community.

Learn more about Dr. Laura van de Laar:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/laura-vandelaar> or through her website, <https://www.yourhoustonent.com/>

America's Best in Medicine

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Source : Dr. Laura van de Laar

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