

Kari Lynn Purcott, MD, FACOG, Leads the Way in Inclusive Women's Healthcare in Coastal North County San Diego

Delivering Compassionate, Patient-Focused Care in Gynecology and Wellness



San Diego, California Dec 15, 2025 ([IssueWire.com](https://www.issuewire.com)) - Paps & Martinis, a groundbreaking clinic founded by Dr. Kari Lynn Purcott, MD, FACOG, is redefining women's healthcare in Coastal North County San Diego. With a mission to provide inclusive, expert care tailored to individuals of all backgrounds and identities, the clinic is a beacon of hope and support for those navigating various stages of their health journey.

Dr. Purcott, a board-certified obstetrician-gynecologist with nearly two decades of experience, has long been driven by a passion for helping others. Her journey into medicine was profoundly influenced by personal experiences that deepened her commitment to patient care. "At Paps & Martinis, we offer modern, specialized care—combining trusted gynecology services with rejuvenating aesthetic treatments," states Dr. Purcott. "It's healthcare reimaged with comfort, clarity, and care."

The clinic prides itself on being a women-led wellness team, where patients can find a safe space to discuss their health concerns and receive empathetic, expert guidance. Whether patients are planning a pregnancy, navigating hormonal changes, or simply seeking a provider who truly listens, Paps & Martinis is dedicated to meeting their needs. This commitment to inclusivity is reflected in Dr. Purcott's approach, which welcomes patients of all ages, from adolescents to seniors, and across the gender spectrum.

Dr. Purcott's extensive education and training have shaped her into a compassionate and skilled physician. After earning her Undergraduate Degree on an academic scholarship from the University of Southern California, she completed her Medical Degree at the University of Miami Leonard M. Miller School of Medicine and her residency in obstetrics and gynecology at Kaiser Permanente Southern California. Throughout her career, she has delivered thousands of babies, each moment marked by compassion and personalized attention.

At Paps & Martinis, Dr. Purcott offers a comprehensive range of services that include gynecology, preventative/wellness care, and advanced esthetic treatments. These esthetic offerings now include non-invasive laser facelifts, skin rejuvenation procedures, and other cutting-edge treatments designed to enhance confidence and well-being. She views her practice as a tight-knit community, taking the time to know each patient by name and understand their unique stories. This personalized approach ensures that every patient is valued as an individual, not just a medical case.

As a Fellow of the American College of Obstetricians and Gynecologists (ACOG) and a Diplomate of the American Board of Obstetrics and Gynecology, Dr. Purcott upholds the highest standards of medical excellence. Her patient-centric philosophy fosters genuine connections, creating an atmosphere of trust and understanding.

Reflecting on her inspiring journey into the field of medicine, Dr. Purcott shares, *"I describe my decision to become a physician as being struck by Cupid's arrow. It's a great story I love to tell, as my life truly did a 180-degree pivot! Even on the toughest days, it remains my dream come true."*

With deep roots in the local community and a commitment to trauma-informed, LGBTQ+ affirming care, Paps & Martinis is more than just a clinic; it stands as a safe space and support system for long-term wellness. Dr. Kari Lynn Purcott continues to make a profound impact on the lives of her patients, embodying the true essence of compassionate healthcare.

Learn More about Dr. Kari Lynn Purcott:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1401809-Kari-Purcott-OB-GYN-Obstetrician-Gynecologist> or through www.purcottmd.com

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Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Kari Lynn Purcott

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