

Former Navy Rescue Swimmer Brian Dickinson Expands the Calm in the Chaos Podcast with Real-World Stories of Service

A fast-growing podcast uncovering the mindset behind life-and-death decisions, resilience, and the people who run toward the chaos.



Seattle, Washington Dec 10, 2025 ([IssueWire.com](https://www.issuewire.com)) - Brian Dickinson, bestselling author and former U.S. Navy Aviation Rescue Swimmer, continues to expand the reach and impact of the *Calm in the Chaos* podcast—a show grounded in real-world service, pressure-tested leadership, and the stories of men and women who step into danger so others may live.

Built on Dickinson's background in Search and Rescue, Combat Search and Rescue, and ASW operations, each episode dives into the mindset behind critical missions and the people shaped by them. Guests include veterans, first responders, elite operators, and resilient leaders who carry lessons forged in the real world.

In its first year, *Calm in the Chaos* recorded **229,401 streams and downloads**, ranked in the **Top 10% worldwide** on Listen Notes, and became **more popular than 96% of new podcasts on Spotify**. The show continues rapid expansion across **YouTube, Apple, and Spotify** as it enters the 2026 season.

"Most people run from chaos," Dickinson says. "Rescue swimmers learn to push into it. This podcast carries that same mindset forward."

As momentum grows, the show is opening **select partnership opportunities** for brands aligned with service, resilience, and real-world leadership.

New episodes release weekly.

Listen here: <https://calminthechaospodcast.com>



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Source : Focused Ascent, LLC

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