

Elysia Mason, BSN, RN, IBCLC, Recognized in America's Best in Medicine for Compassionate Support in Infant Feeding

Delivering Personalized Breastfeeding Guidance via In-Home and Virtual Lactation Consultations



Mount Pleasant, South Carolina Dec 2, 2025 ([IssueWire.com](https://www.issuewire.com)) - At the heart of Mason Lactation and Wellness, LLC is Elysia Mason, BSN, RN, IBCLC—a dedicated mother, experienced registered nurse, and International Board Certified Lactation Consultant. With over 15 years of experience, Elysia is committed to providing families with the guidance and support they need on their tender and transformative journeys of infant feeding. Her mission is to create a warm, supportive, and judgment-free environment where every parent feels seen, heard, and respected.

“Whether you’re a first-time parent learning to navigate those first latches or an experienced parent encountering new challenges, you deserve care that is evidence-based, compassionate, and judgment-free,” Elysia states. “No two feeding journeys are the same—and I’m here to honor yours with expertise, empathy, and respect.”

Mason Lactation and Wellness offers in-home lactation consultations, including prenatal visits, initial newborn feeding assessments, and follow-up breastfeeding support, all within the comfort of your home. For those who prefer remote assistance, virtual lactation appointments via Zoom are also available by request. As a certified IBCLC, Elysia provides personalized care for a variety of issues, including latching difficulties, milk supply concerns, pumping, and combination feeding. Serving the Charleston area, including Mount Pleasant, Isle of Palms, and Sullivan’s Island, she is dedicated to delivering evidence-based, judgment-free breastfeeding support for both new and experienced parents.

Elysia holds a Bachelor of Science in Nursing from the University of Massachusetts Amherst, where she graduated cum laude. She is a proud recipient of the DAISY Award for Extraordinary Nurses, having been nominated seven times and winning in 2020—an acknowledgment of her compassionate and skillful care. Elysia is also an active member of the South Carolina Nurses Association and the South Carolina Breastfeeding Coalition, ensuring she remains connected to the latest best practices in nursing and maternal-child health.

Her extensive career includes serving as an RN and IBCLC at East Cooper Medical Center, where she provided both in-person and telehealth consultations, individualized care plans, and postpartum support. In addition to her clinical practice, Elysia is involved in lactation product distribution and education, empowering families to make informed choices regarding their infant feeding options.

Elysia’s personal experience as a parent significantly shapes her professional mission. She understands the complexities and emotions that come with newborn care, including feelings of being overwhelmed, exhausted, and unsure. Her philosophy emphasizes that every feeding story is valid, and every parent deserves care that honors their identity, values, and goals. “Lactation care isn’t one-size-fits-all. It’s personal. It’s intimate. It’s deeply human,” she explains.

“It’s an honor to walk alongside families during one of life’s most personal and powerful experiences: feeding your baby,” says Elysia. Whether you’re a first-time parent or adding to your growing family, you will find yourself in experienced, caring hands at Mason Lactation and Wellness, LLC.

Learn more about Elysia Mason:

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/elysia-mason> or through Mason Lactation and Wellness, LLC, <https://www.masonlactationandwellnessllc.com/>

America's Best in Medicine

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Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

Source : Elysia Mason

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