

Brandy Krueg, LCSW, CCISM, Recognized by America's Best in Medicine for Championing Mental Health for Frontline Workers

Empowering Healthcare Workers and First Responders Through Trauma Recovery and Resilience-Building



Stockton, California Dec 10, 2025 ([Issuewire.com](https://www.issuewire.com)) - Brandy Krueg, LCSW, CCISM, a proud Cherokee woman and seasoned Licensed Clinical Social Worker, is making significant strides in the mental health field through her private practice, Krueg Therapy Services. With over 26 years of

experience, Brandy specializes in providing essential support to frontline healthcare workers, first responders, and their families, focusing on trauma recovery, wellness, and resilience-building.

As the In-House Therapist for the Stockton Police Department, Brandy collaborates with the Wellness Team to deliver critical counseling and education to staff navigating the complexities of stress, trauma, addiction, and relational challenges. Her extensive certifications—Emergency Responder and Public Safety Clinician Certification, Critical Incident Stress Management Certification, Approved Instructor for Assisting Individuals In Crisis, and EMDR—enable her to offer evidence-based interventions tailored to the unique needs of high-stress professions.

Brandy received her Master of Social Work from California State University, Sacramento, and has held diverse roles throughout her career, demonstrating her unwavering commitment to mental health advocacy and crisis response. She previously served as a Trauma Social Worker in a Level 2 trauma emergency room and as an Emergency Response Social Worker with Sacramento County's Children's Protective Services. In these roles, she investigated cases of abuse and neglect, conducted forensic interviews, and collaborated with multiple law enforcement agencies on high-profile investigations.

In her private practice, Brandy empowers individuals through trauma counseling, wellness training, and leadership coaching. She is also available for public speaking engagements and critical incident response, guiding organizations in managing stress and fostering resilience in service-based professions. Her programs emphasize work-life balance, personal growth, and recovery from the emotional toll of high-pressure environments.

"I love helping the helpers. When I needed to talk to someone who was culturally competent, I could not find anyone. I do not want anyone ever to feel that way. I love seeing people live their best lives and thrive," says Brandy.

In addition to her clinical work, Brandy is a lecturer, wellness trainer, and author of *Turning Pain Into Purpose*, available on Amazon. This book encapsulates her philosophy of transforming adversity into strength, and she is currently writing her second book.

Brandy's compassionate leadership and expertise have earned her the respect of colleagues and clients alike. Her lifelong mission is to help others not only survive but thrive—restoring balance, purpose, and hope to those who dedicate their lives to serving others.

Learn more about Brandy Krueg:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/brandy-krueg>

America's Best in Medicine

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