

# Bing You, MD: Pioneering Integrative Medicine in Texas for Holistic Wellness

Merging Eastern and Western Practices to Transform Patient Care



**Houston, Texas Dec 16, 2025 (Issuewire.com)** - Bing You, MD, a distinguished integrative medicine physician, is transforming the landscape of healthcare through his unique practice that blends the best of Eastern and Western medicine. As the Founder and Director of weMED Integrative Medicine and Holistic Aesthetics, with locations in Houston, The Woodlands, and Cypress, Dr. You is committed to reducing reliance on medications and fostering wellness from within.

Dr. You's passion for integrative medicine stems from his childhood experiences, where he witnessed the profound effects of both medical traditions. His calming bedside manner and unwavering optimism have made him a beacon of hope for many patients seeking comprehensive care. With expertise in functional medicine therapy, cancer support, hearing loss, insomnia, mood disorders, macular degeneration, pain management, and skin disorders, Dr. You provides holistic solutions tailored to each individual's needs.

Graduating with a Medical Degree from Chengdu University of Traditional Chinese Medicine in China, Dr. You has furthered his education through active engagement in acupuncture research at esteemed institutions such as Baylor College of Medicine and M.D. Anderson Cancer Center. His dedication has earned him numerous accolades, including being recognized as a Diplomate of the American Academy of Pain Management and the National Certification Commission for Acupuncture & Oriental Medicine, where he excelled in Acupuncture, Herbology, and Oriental Medicine. Notably, he is the first Chinese Medicine Doctor granted admitting privileges at St. Luke's Episcopal Hospital.

In a significant milestone for functional medicine, Dr. You is the only practitioner in Houston to hold the AABB Cellular Therapy Certificate, awarded by the American Association of Blood Banks. This prestigious accreditation reflects his rigorous training across 12 modules and underscores his commitment to excellence in patient care.

Dr. You's professional affiliations are extensive, including membership in the Association for the American Association of Blood Banks, the International Society for Stem Cell Research, the American Academy of Pain Medicine, the International Association for the Study of Pain, and the Texas Association of Acupuncture and Oriental Medicine. His influence extends beyond clinical practice; he serves on the Medical Advisory Board for the Houston Susan G. Komen Breast Cancer Foundation and is a 6th Generation Disciple of Tai Chi & Qi Gong Master. Moreover, he is a sought-after speaker, sharing his knowledge at leading institutions including Rice University, Park Plaza, Methodist, St. Luke's, Memorial Hermann Hospitals, and MD Anderson Cancer Center.

Reflecting on his journey, Dr. You credits his success to the synthesis of knowledge gained from both Chinese and Western medicine, and the unwavering support from his family and mentors. Figures such as his grandma Liufuchio, his parents, and medical legends like Michael DeBakey and Michael Jhim have provided inspiration and guidance that have propelled him toward his goals.

Dr. You's innovative approach to integrative medicine not only enhances patient outcomes but also inspires a broader movement toward holistic health practices. As he continues to educate and empower patients, Dr. Bing You remains dedicated to his mission of restoring wellness from within and promoting a more balanced approach to health.

### **Learn More about Dr. Bing You:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2770324-Bing-You-Acupuncturist> or through weMED Integrative Medicine and Holistic Aesthetics, <https://wemedhealth.com/about-us/bing-you-md-china-acupuncturist-and-herbologist/>

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