

America's Best in Medicine Recognizes Mark Anwuli Awanyai Jr., PMHNP-BC, Visionary Founder of EOS Nursing

Bridging Empathy, Cultural Awareness, and Clinical Excellence to Empower Communities



Whittier, California Dec 30, 2025 ([Issuewire.com](https://www.issuewire.com)) - Mark A. Awanyai Jr., PMHNP-BC, a Board-Certified Psychiatric-Mental Health Nurse Practitioner, is the visionary founder of EOS Nursing, an inclusive movement dedicated to transforming mental health care through empathy, cultural awareness,

and clinical excellence. His innovative approach integrates psychopharmacology, trauma recovery, and personal empowerment to treat the whole person—mind, body, and spirit—making mental health care more accessible, compassionate, and effective for all individuals.

A graduate of Regis College, Mark's extensive experience spans behavioral health, correctional psychiatry, addiction medicine, and geriatric neuropsychiatry. Throughout his career, he has demonstrated a commitment to holistic care that combines evidence-based clinical practices with a deep understanding of each patient's unique background and life circumstances.

Beyond his clinical work, Mark is actively engaged in public education and advocacy. He co-hosts The A.M.E.N. Brothers Show, a faith-based podcast that unites science, culture, and conversation to promote mental wellness and purpose-driven living. Additionally, he authors the GRIT Newsletter, where he explores resilience, relationships, and emotional wellness. His articles, including "Faith in the Aftermath of Trauma: How Spirituality Can Heal and When" and "Edge of Hope: How Digital Conversations Are Rewriting What We Know About Trauma," bridge psychology, spirituality, and social connection, making mental health topics approachable and relevant for diverse audiences.

Mark's initiative, GRIT Heals—standing for Growth, Resilience, Insight, and Transformation—provides trauma-informed, stigma-free care to meet individuals wherever they are, regardless of faith or worldview.

When asked what he enjoys most about practicing medicine, Mark says, "Witnessing people reclaim their peace, stability, and sense of identity. Healing—whether spiritual, emotional, or neurological—is sacred work that transcends belief."

Through EOS Nursing and his public education efforts, Mark has built a platform that emphasizes empathy, cultural awareness, and patient empowerment. His dedication continues to influence the mental health landscape, setting a new standard for compassionate, inclusive, and patient-centered mental health care.

Learn more about Mark Anwuli Awanyai Jr.:

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/mark-awanyai>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

Source : Mark Anwuli Awanyai Jr

[See on IssueWire](#)