

America's Best in Medicine Recognizes Lawrence D. Ginsberg, MD, Psychiatry Leader of 40+ Years

Founder and CEO of Red Oak Psychiatry Associates, P.A., Continues to Innovate in Patient Care and Research



Houston, Texas Dec 16, 2025 ([Issuewire.com](https://www.issuewire.com)) - Lawrence D. Ginsberg, MD, a prominent psychiatrist with more than four decades of experience, proudly reflects on his extensive career dedicated to advancing mental health care. As the Founder and CEO of Red Oak Psychiatry

Associates, P.A., one of Houston's largest mental health practices founded in 1991, Dr. Ginsberg has committed himself to providing high-quality psychiatric services to patients of all ages, starting from as young as three years old.

Dr. Ginsberg's journey began with a Bachelor of Science in Chemistry, magna cum laude, from the University of Miami in 1977, followed by his Medical Degree from the University of Miami Miller School of Medicine in 1981. After completing his pediatric internship with the University of Miami Affiliated Hospitals and a residency in psychiatry at Baylor College of Medicine, he emerged as a leader in the field.

Specializing in a wide range of psychiatric conditions—including mood disorders, anxiety disorders, schizophrenia, autism, PTSD, and ADHD—Dr. Ginsberg takes a holistic, individualized approach to patient care. His commitment to excellence is reflected in his credentials as a Diplomate of the American Board of Addiction Medicine and Life Fellow of the American Society for Adolescent Psychiatry, among other prestigious distinctions. He also holds fellowships with the American Society of Addiction Medicine and the American Society of Clinical Psychopharmacology, and maintains active memberships with the American Medical Association, American Psychiatric Association, American Academy of Psychiatry and the Law, American Association for Physician Leadership, American College of Legal Medicine, and the International Society for Autism Research.

In addition to his clinical practice, Dr. Ginsberg has significantly impacted the field through his involvement in psychiatric clinical research. As a principal investigator in over 200 clinical trials, he has contributed to the development of novel therapies that enhance treatment options for patients. His expertise in psychopharmacology has made him a sought-after lecturer for pharmaceutical companies, and his academic contributions include over 100 publications, including journal articles, abstracts, and monographs.

Dr. Ginsberg also serves on the editorial boards of two medical journals, further showcasing his dedication to the academic community. His relentless pursuit of knowledge and innovation in psychiatry reflects a lifelong commitment to improving mental health outcomes for individuals and families.

As Red Oak Psychiatry Associates continues to grow under Dr. Ginsberg's leadership, the practice remains focused on providing compassionate, evidence-based care. Dr. Ginsberg invites the community to join him in breaking down the stigma surrounding mental health and fostering an environment where every individual can achieve optimal mental wellness.

Learn more about Dr. Lawrence D. Ginsberg:

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/lawrence-ginsberg> o

America's Best in Medicine

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