

America's Best in Medicine Recognizes Cheryl Twu, DO for Advancing Women's Health and Personal Care at Wellness OBGYN

Empowering Women at Every Stage of Life Through Education and Holistic Approaches



Honolulu, Hawaii Dec 10, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Cheryl Twu, DO, a board-certified obstetrician and

gynecologist, established her independent practice, Wellness OBGYN, in 2022. Located in the heart of Honolulu, Wellness OBGYN is devoted to providing compassionate, comprehensive, and personalized care tailored to women at every stage of life. Driven by a passion for women's health and wellness, Dr. Twu focuses on empowering her patients through education, preventive care, and holistic approaches that support their physical and emotional well-being.

"Every patient I meet reminds me why I chose this path, to combine science, empathy, and education in a way that truly makes a difference," says Dr. Twu. "Seeing patients thrive and knowing I've contributed to their wellness and confidence is what continues to inspire my passion for medicine every day."

Dr. Twu's academic credentials are impressive. She holds a Bachelor of Science in Neuroscience from UCLA, a Master of Science in Oriental Medicine from Samra University, and a Doctor of Osteopathic Medicine from Touro University College of Osteopathic Medicine. Having completed her residency in obstetrics and gynecology at Arrowhead Regional Medical Center, she is also trained in minimally invasive surgery, including Da Vinci robotic-assisted surgeries.

Dr. Twu began her medical career at Providence Health & Services in Burbank, California, serving at both Burbank Women's Health Center and Providence Saint Joseph Medical Center. Before founding Wellness OBGYN, she honed her expertise at Hawaii Pacific Health, working at Kapiolani Women's Center and Straub Clinic and Hospital, gaining extensive experience in obstetrics and gynecologic surgery. Over the years, she has earned a reputation for her attentive bedside manner, clinical excellence, and dedication to educating women about their health options.

As a recognized Fellow of the American College of Osteopathic Obstetricians & Gynecologists (FACOOG) and a Diplomate of the American Osteopathic Board of Obstetrics and Gynecology (AOBOG), Dr. Twu is committed to lifelong learning and staying at the forefront of advancements in women's healthcare. She has been named Top Doctor every year since 2011, finding joy in supporting women through some of the most meaningful moments of their lives.

Outside of her practice, Dr. Twu enjoys snowboarding, traveling, and spending quality time with her family, reflecting her love for balance, adventure, and connection.

Learn more about Dr. Cheryl Twu:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/cheryl-twu>, or through her website, <https://wellnessobgyn.com/>

America's Best in Medicine

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Source : Dr. Cheryl Twu

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