

A Defiant, Unfiltered Exploration of Consciousness, Culture, and the American Mind

AMERICAN DELUSIONS AND THE CONCRETE

JOEB 'SMITH' LOBSTER.

Cedar Rapids, Iowa Dec 3, 2025 ([IssueWire.com](https://www.IssueWire.com)) - With *American Delusions and the Concrete*, author **Joeb “Smith” Lobster** introduces a radically unconventional work that fuses memoir, satire, psychological rebellion, and philosophical provocation. Written from the perspective of a self-described “sentinel of the concrete”—a consciousness operating on what he calls *Tier 2 Turquoise awareness*—Lobster’s new book confronts the machinery of American culture with a voice that is fearless, darkly comedic, and piercingly observant.

Where most people move through life as “unconscious biological machines,” content with their hot dogs, Pop-Tarts, and cultural autopilot, Lobster positions himself as an unwilling enlightened observer: someone who sees through the “transparent atoms” of society and documents the friction between genuine awareness and a world addicted to flat, performative sentience.

A Journey Into a Mind That Refuses to Compromise

Through episodic scenes and internal monologue, *American Delusions and the Concrete* explores:

- The tension between individuality and inherited dysfunction
- The absurdity of American cultural rituals
- The psychological echo chamber of modern life
- The battle between delusion, awareness, and self-preservation
- The chaotic humor of a mind dissecting itself in real time

While often provocative, the book maintains a central thread: the lived experience of a man trying to remain conscious in a culture that punishes consciousness.

A Reluctant Messiah in a World of Noise

Lobster frames himself as both philosopher and fugitive—someone who sees too much and belongs nowhere. In his own words, society reacts to higher awareness by diagnosing it, medicating it, or institutionalizing it. He positions modern psychiatry as a monolithic system of social control, a force that labels free-thinkers as “psychotic” to preserve the comfort of the majority.

Within the narrative, he attempts to communicate with government agencies—CIA, “G-men,” institutional gatekeepers—not as satire but as a metaphysical confrontation, presenting his manuscript as a kind of self-defense dossier against cultural and psychological suppression.

America Through a Distorted, Revealing Lens

American Delusions and the Concrete transforms personal experience into cultural commentary, examining:

- Identity and ego in the digital age
- The contradictions of a freedom-obsessed nation
- The generational damage of misguided parenting
- The spiritual exhaustion of modern life

- The thin line between insight and instability

Lobster's exaggeration becomes a diagnostic tool; his humor becomes a scalpel.

Why This Book Matters

In a cultural landscape dominated by curated personas and sanitized narratives, *American Delusions and the Concrete* stands apart as a document of total interior honesty.

It matters because:

- It captures the psychological experience of radical self-awareness.
- It critiques American culture with a blend of satire and sincerity.
- It pushes against the boundaries of genre, sanity, and storytelling.
- It challenges readers to question the definitions of "normal" handed to them.

This is not a book that seeks approval.

It seeks to wake people up.

About the Author

Joeb "Smith" Lobster is a writer, satirist, and self-described "sentinel of consciousness" whose work explores the fault lines between awareness and delusion, culture and chaos, ego and identity. Combining raw internal monologue with philosophical inquiry and disruptive humor, he writes from the perspective of someone navigating a society he views as both absurd and heartbreaking. *American Delusions and the Concrete* is his bold entry into contemporary literature—a challenge, a warning, and an invitation to think differently.

Availability & Contact

American Delusions and the Concrete is available in paperback, hardcover, and digital editions through major online retailers.

For purchase, interviews, speaking engagements, or media inquiries, please visit:

[Facebook](#)

[Amazon](#)

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