

Sleepy Bear's Midnight Quest Captivates Parents and Children Alike

“Everyone is Asleep But Me” turns bedtime struggles into a heartwarming tradition



Los Angeles, California Nov 12, 2025 ([Issuewire.com](https://www.issuewire.com)) - Author and educator Diana Yacobi teams up with her daughter Lily Safrani in their charming children's book, [*"Everyone is Asleep But Me."*](#) Originally inspired by a real-life parenting challenge, the story has blossomed into a recommended bedtime favorite, earning praise for its “adorable, almost huggable illustrations” and calming narrative.

Written during a phone conversation between Yacobi and Safrani, the book recounts the tale of Sleepy Bear, who can't sleep while everyone around him—from his toys to his parents—is fast asleep. As Sleepy Bear quietly checks in on his family and eventually returns to his own room, he learns that the sun, too, sleeps through the night. The simple yet touching message of the story helps young readers understand the importance of restful sleep.

According to The US Review of Books, “This gorgeous little book is the perfect choice for a bedtime story... Children will not only adore the little bear but will also learn the importance of sleeping through

the night.” The review further applauds Philip L. Wohlrab’s cozy illustrations and the book’s parent-friendly bonus: a sticker chart at the end to help track good sleep habits.

[Diana Yacobi](#), a longtime educator and synagogue curriculum writer, brings decades of experience to this project. Together with her daughter, she transforms a common parenting struggle into a peaceful bedtime tradition. Their shared goal: to help parents and children transition from chaos to calm, one story at a time.

“*Everyone is Asleep But Me*” is available now through Olympus Story House and major online retailers.

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