

“Sleep Tight, My Angel Bear” Wins Praise from Pacific Book Review

Eileen Rascon’s heartwarming children’s tale blends gentle storytelling, friendship, and faith in a timeless bedtime story



Los Angeles, California Nov 12, 2025 ([Issuewire.com](https://www.Issuewire.com)) - The Pacific Book Review has given glowing recognition to [*“Sleep Tight, My Angel Bear”*](#) by Eileen Rascon, describing it as a short yet touching children’s story that resonates with both young readers and parents alike.

The story begins with a little girl who discovers a sad baby bear gazing in through her window. The bear, having lost its mother in a forest fire, is drawn to the child for help. Although uncertain how to care for a wild animal, the little girl follows her instincts of kindness. She shelters the bear in her barn, prepares a bed of hay, and allows it to hibernate safely through the winter. When spring arrives, the bear awakens healthy and strong, beginning a lifelong friendship between the girl and her angel-guided companion.

The Pacific Book Review commends Rascon’s “soft and gentle storytelling qualities while embracing the Lord and having spiritual appreciation.” The review further notes that the text’s rhyme and rhythm,

paired with tender illustrations, carry forth the book's message of compassion, divine guidance, and enduring friendship. The "angel" in the title is interpreted as the unseen connection between the bear's deceased mother and the girl's care for the baby bear.

With its blend of sweetness, faith, and life lessons, "*Sleep Tight, My Angel Bear*" is a bedtime favorite that helps children understand empathy and the unseen blessings of angels in daily life. Perfect for parents and children to share, the book brings peace and comfort to nightly routines.

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Source : Olympus Story House

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