

Oscar Hernandez, MSN, PMHNP-BC: A Beacon of Hope in Psychiatric-Mental Health Care

Resilience and Compassion Fuel a Dedicated Career in Mental Health Services



Glendale, California Nov 4, 2025 ([Issuewire.com](https://www.issuewire.com)) - Oscar Hernandez, MSN, PMHNP-BC, is making significant strides in the field of psychiatric-mental health care as a Board-Certified Psychiatric-Mental Health Nurse Practitioner. With a career marked by resilience, compassion, and a commitment to elevating mental health care, Oscar is currently serving dual roles in high-acuity inpatient psychiatry at Adventist Health Glendale and a Crisis Residential Treatment Program with Exodus Recovery Inc. in Los Angeles.

In his position at Adventist Health Glendale since June 2023, Oscar is integral to the care of adult patients in a high-acuity inpatient psychiatric facility. He implements evidence-based practices to manage acute mental health crises, conducts comprehensive mental evaluations, and oversees medication management while monitoring for adverse effects. His collaborative approach with interdisciplinary team members ensures the execution of individualized care plans, while his facilitation of therapeutic groups and patient education sessions emphasizes coping skills and safety awareness. Oscar is committed to advocating for patient dignity and rehabilitation within a trauma-informed framework, embodying the mission and values of Adventist Health.

At Exodus Recovery Inc, where he has been a Registered Nurse since June 2024, Oscar provides extensive psychiatric nursing care within a 24-hour Crisis Residential Treatment Program (CRTP). His focus on acute symptom stabilization and rehabilitation assistance is paramount as he performs mental status evaluations, coordinates medication administration, and ensures client safety and therapeutic engagement. Working closely with case managers, therapists, and providers, Oscar formulates and executes personalized treatment plans, delivering crisis intervention and supportive counseling within a trauma-informed environment. His commitment to empowering clients towards independent living and connecting them with ongoing community resources is a testament to his dedication to mental health recovery.

A dedicated scholar, Oscar's academic journey includes an Associate's Degree in Nursing from Los Angeles Valley College (2020), a Bachelor of Science in Nursing from the University of Phoenix (2021), and a Master of Science in Nursing, Psychiatric-Mental Health Nurse Practitioner from West Coast University, where he graduated with an impressive 3.99 GPA in 2025. His graduate work focused on improving medication adherence in schizophrenia patients through long-acting injectable antipsychotics, demonstrating his commitment to sustainable and evidence-based solutions.

Oscar's journey into psychiatric nursing began during the urgency of the COVID-19 pandemic, where he volunteered on the frontlines with CORE (Community Organized Relief Effort). His initial work in COVID-19 testing and critical care led to a profound passion for behavioral health, sparked by an inspiring encounter with a psychiatric nurse. Since then, he has established himself as a trusted clinician and active leader, contributing to unit-based councils and maintaining memberships with prominent organizations such as the American Psychiatric Nurses Association, the California Association for Nurse Practitioners, the California Nurses Association, the American Nurses Association, Unit Unit-Based Council, and the Sigma Theta Tau International Honor Society of Nursing.

Looking to the future, Oscar Hernandez aims to broaden his impact by leveraging digital platforms to enhance mental health literacy and reduce stigma. He also aspires to establish a private practice dedicated to serving youth and older adults, further advancing his mission to provide compassionate and comprehensive mental health care.

Learn More about Oscar Hernandez:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/85024467-Oscar-Hernandez-Nurse>

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