

New Chapbook Turns to Humor in Trying Times: The Usefulness of Hippopotamus

The Usefulness of Hippopotamus: A Humorous Chapbook for Trying Times is a collection of approximately forty-five poems, primarily in free verse, that use wit, irony, and absurdity to offer a unique perspective on life's challenging moments.



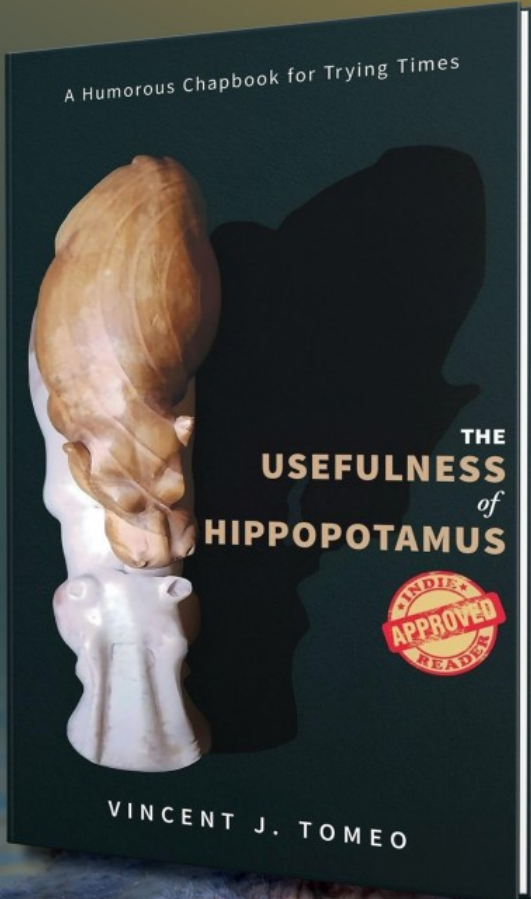
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VINCENT J. TOMEIO

VINCENT J. TOMEIO IS A POET, AND WAS NOMINATED TWICE FOR PUSHCART PRIZE, ARCHIVIST, HISTORIAN, AND COMMUNITY ACTIVIST. VINCENT, IS PUBLISHED IN THE NEW YORK TIMES, EVENING STREET REVIEW, COMSTOCK REVIEW, MID-AMERICA POETRY REVIEW, EDGZ, SPIRES, TIGER'S EYE, By LINE, MUDFISH, THE BLIND MAN'S RAINBOW, THE NEO VICTORIAN/COCHLEA, THE LATIN STAFF REVIEW, AND GRANDMOTHER EARTH (VII THRU XI), ETC. TO DATE, MR. TOMEIO HAS 1,064 PUBLISHED POEMS/ESSAYS; THE WINNER OF 108 AWARDS; 149 PUBLIC READINGS. AUTHOR OF MY CEMETERY FRIENDS: A GARDEN OF ENCOUNTERS AT MOUNT SAINT MARY IN QUEENS, NEW YORK, AND THE USEFULNESS OF HIPPOPOTAMUS: A HUMOROUS CHAPBOOK FOR TRYING TIMES.

Available in
**KINDLE, PAPERBACK,
AND HARDCOVER**









Canoga Park, California Nov 27, 2025 (Issuewire.com) - In a world often overshadowed by darkness and difficulty, humor stands as a powerful and indispensable form of medicine. It possesses the unique ability to lighten the load of physical and mental anxiety during trying times, offering a path to

joy, cheerfulness, and laughter.

This philosophy is the heartbeat of Vincent J. Tomeo's compelling collection, [***The Usefulness of Hippopotamus: A Humorous Chapbook for Trying Times***](#). Written during a period of intense personal struggle—the COVID-19 pandemic compounded by a personal battle with bladder cancer—Tomeo chose to actively seek out beauty and laughter to ward off depression and negativity. This journey for happiness and humor proved curative, resulting not only in a "treasure chest of joy" but also a healthy prognosis, underscoring the profound link between a positive perspective and wellbeing.

The Usefulness of Hippopotamus: A Humorous Chapbook for Trying Times is a collection of approximately forty-five poems, primarily in free verse, that use wit, irony, and absurdity to offer a unique perspective on life's challenging moments.

The book functions as an antidote for trying times, exploring themes of resilience, life, and death through a comedic lens. The author's own fight with cancer and experiences during the pandemic serve as the emotional core, demonstrating how humor can be a powerful coping mechanism and a fertile source of poetic inspiration.

With an upcoming ***TV Interview with Logan Crawford on December 15, 2025 @ 12:30 PM EST.***

What happens when a writer stares at a blank page, searching for inspiration during life's most challenging moments? For ***Vincent J. Tomeo***, the answer came in the form of a dancing hippopotamus and laughter.

The result is ***The Usefulness of Hippopotamus: A Humorous Chapbook for Trying Times***, a lighthearted and heartfelt collection of poems that celebrates humor as a balm for life's difficulties. Written during the pandemic while the author battled bladder cancer, the chapbook demonstrates the transformative power of laughter, showing that even in hardship, joy can be found.

"Humor is medicine," says ***Vincent J. Tomeo***. "During rough times, it lightens physical and mental stress. I discovered that by seeking beauty and laughter even through hippopotami I could find peace, contentment, and hope."

The book ***The Usefulness of Hippopotamus: A Humorous Chapbook for Trying Times*** is available on online bookstores and other outlets like [Amazon](#), [Barnes & Noble](#) and more. Grab your copies now!

[**The Usefulness of Hippopotamus: A Humorous Chapbook for Trying Times**](#)

Written by Vincent J. Tomeo

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