

Mount Behavioral Health Expands Access to Online Mental Health Therapy

Brookhaven, New York Dec 18, 2025 ([Issuewire.com](https://www.issuewire.com)) - Mount Behavioral Health, a trusted provider of compassionate mental health services, is proud to announce the expansion of its [online mental health therapy](#) programs. Founded and led by **Miri Dembicer**, the organization is committed to making quality mental health care accessible to individuals and families across the United States.

With the growing demand for flexible and confidential therapy options, Mount Behavioral Health's online services allow clients to connect with licensed professionals from the comfort of their homes. This initiative ensures that individuals facing challenges such as anxiety, depression, trauma, or stress can receive timely support without barriers of distance or scheduling.

*"Our mission is to break down the stigma and obstacles surrounding mental health care," said **Miri Dembicer**, Owner of Mount Behavioral Health. "By offering online therapy, we are empowering people to seek help in a way that fits their lifestyle and needs."*

Mount Behavioral Health's online therapy sessions are designed to be secure, confidential, and tailored to each client's unique journey. The organization emphasizes personalized care, evidence-based practices, and a supportive environment that fosters healing and growth.

For more information or to schedule an appointment, visit www.mountbh.org or contact Mount Behavioral Health directly.

Core Values

- **Accessibility:** Offering both in-person and online therapy to meet diverse needs.
- **Compassion:** Creating a safe, supportive environment for healing.
- **Expertise:** Employing licensed professionals with extensive experience in mental health care.
- **Innovation:** Leveraging technology to expand access through online mental health therapy.

Services Offered

- Online Mental Health Therapy
- Individual Counseling
- Family & Couples Therapy
- Trauma-Informed Care
- Stress & Anxiety Management

Mount Behavioral Health believes that mental wellness is essential to living a fulfilling life. By combining professional expertise with modern technology, the organization continues to break barriers and provide care that is both effective and convenient.

About Mount Behavioral Health

Mount Behavioral Health is a leading mental health organization based in Brooklyn, New York. Founded by **Miri Dembicer**, the company is dedicated to providing accessible, compassionate, and professional mental health services to individuals and families.

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